



# Website beoordeling peakperformancehypnosis.com

Gegenereerd op Mei 10 2025 16:22 PM

De score is 54/100



## SEO Content

|    | Title                                                                                                                                   | Central & Columbus Ohio Hypnosis • Peak Performance Hypnosis<br><br>Lengte : 64<br><br>Perfect, uw title tag bevat tussen de 10 en 70 karakters.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------|--------|-------|------|---------|-------|-----------------------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------|-----|--------------------------------------|-----------|---------------------------|-------|-------------------------------------------------------------------------------------------------------|
|    | Description                                                                                                                             | Full-service hypnosis serving Columbus & all of Central Ohio. Call Peak Performance Hypnosis today to quit smoking, lose weight & more.<br><br>Lengte : 143<br><br>Perfect, uw meta description bevat tussen de 70 en 160 karakters.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
|  | Keywords                                                                                                                                | Erg slecht. We hebben geen meta keywords gevonden in uw website. Gebruik <a href="#">deze gratis online meta tags generator</a> om keywords te genereren.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
|  | Og Meta Properties                                                                                                                      | Goed, uw page maakt gebruik van Og Properties. <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Peak Performance Hypnosis • Columbus &amp; Central Ohio</td></tr><tr><td>description</td><td>Full-service hypnosis serving Columbus &amp; all of Central Ohio. Call Peak Performance Hypnosis today to quit smoking, lose weight &amp; more.</td></tr><tr><td>url</td><td>https://peakperformancehypnosis.com/</td></tr><tr><td>site_name</td><td>Peak Performance Hypnosis</td></tr><tr><td>image</td><td>https://peakperformancehypnosis.com/wp-content/uploads/2019/08/peak_performance_hypnosis_facebook.jpg</td></tr></tbody></table> | Property | Content | locale | en_US | type | website | title | Peak Performance Hypnosis • Columbus & Central Ohio | description | Full-service hypnosis serving Columbus & all of Central Ohio. Call Peak Performance Hypnosis today to quit smoking, lose weight & more. | url | https://peakperformancehypnosis.com/ | site_name | Peak Performance Hypnosis | image | https://peakperformancehypnosis.com/wp-content/uploads/2019/08/peak_performance_hypnosis_facebook.jpg |
| Property                                                                           | Content                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
| locale                                                                             | en_US                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
| type                                                                               | website                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
| title                                                                              | Peak Performance Hypnosis • Columbus & Central Ohio                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
| description                                                                        | Full-service hypnosis serving Columbus & all of Central Ohio. Call Peak Performance Hypnosis today to quit smoking, lose weight & more. |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
| url                                                                                | https://peakperformancehypnosis.com/                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
| site_name                                                                          | Peak Performance Hypnosis                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |
| image                                                                              | https://peakperformancehypnosis.com/wp-content/uploads/2019/08/peak_performance_hypnosis_facebook.jpg                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |         |        |       |      |         |       |                                                     |             |                                                                                                                                         |     |                                      |           |                           |       |                                                                                                       |

## SEO Content

|                                                                                    |                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                    |                 | <div>image:width1200</div> <div>image:height630</div> <div>image:typeimage/jpeg</div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|    | Headings        | <div> <div>H11H23H36H44H50H60</div> <ul style="list-style-type: none"> <li>• [H1] Central &amp; Columbus Ohio Hypnosis, Online Sessions Too</li> <li>• [H2] Begin living your life, your way!</li> <li>• [H2] Meet Your Hypnotist</li> <li>• [H2] Begin living your life, your way!</li> <li>• [H3] Quit Smoking Forever, in 1 Session</li> <li>• [H3] Peak Sports Performance Coaching</li> <li>• [H3] Lose Weight &amp; Feel Great Today</li> <li>• [H3] Ready to say goodbye to stress?</li> <li>• [H3] Reset Your Relationship With Sugar</li> <li>• [H3] Columbus media loves Jeff Richards and Peak Performance Hypnosis</li> <li>• [H4] Jeff has been featured in The Columbus Dispatch, Columbus Alive!, 99.7 The Blitz, and Fox28 News</li> <li>• [H4] Peak Performance Hypnosis</li> <li>• [H4] Navigation</li> <li>• [H4] Additional Resources</li> </ul> </div> |
|  | Afbeeldingen    | <p>We vonden 28 afbeeldingen in de pagina.</p> <p>1 alt attributen ontbreken. Voeg alternatieve text toe zodat zoekmachines beter kunnen beoordelen wat het onderwerp van de afbeeldingen is.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|  | Text/HTML Ratio | <p>Ratio : 5%</p> <p>De ratio van text tot HTML code is below 15 procent, dit betekent dat uw pagina waarschijnlijk meer tekst nodig heeft.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|  | Flash           | Perfect, geen Flash content gevonden in uw website.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|  | Iframe          | Jammer, u heeft Iframes in uw website, dit betekent dat deze content niet kan worden geïndexeerd.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

## SEO Links

|                                                                                    |                        |                                                |
|------------------------------------------------------------------------------------|------------------------|------------------------------------------------|
|  | Herschreven URL        | Perfect. Uw links zien er vriendelijk uit!     |
|  | Underscores in de URLs | Perfect! Geen underscores gevonden in uw URLs. |

## SEO Links

|                                                                                  |               |                                                                                                    |
|----------------------------------------------------------------------------------|---------------|----------------------------------------------------------------------------------------------------|
|  | In-page links | We vonden een totaal van 23 links inclusie 0 link(s) naar bestanden                                |
|  | Statistics    | <p>Externe Links : noFollow 0%</p> <p>Externe Links : doFollow 8.7%</p> <p>Interne Links 91.3%</p> |

## In-page links

| Ankertekst                                                                                                         | Type   | samenstelling |
|--------------------------------------------------------------------------------------------------------------------|--------|---------------|
| <a href="#">Skip to content</a>                                                                                    | Intern | doFollow      |
| <a href="#">free consultation call today</a>                                                                       | Intern | doFollow      |
| <a href="#">Quit Smoking</a>                                                                                       | Intern | doFollow      |
| <a href="#">Sports Performance</a>                                                                                 | Intern | doFollow      |
| <a href="#">Lose Weight</a>                                                                                        | Intern | doFollow      |
| <a href="#">Sugar Reset</a>                                                                                        | Intern | doFollow      |
| <a href="#">Stress Relief</a>                                                                                      | Intern | doFollow      |
| <a href="#">About</a>                                                                                              | Intern | doFollow      |
| <a href="#">Blog</a>                                                                                               | Intern | doFollow      |
| <a href="#">5340 E. Main St., Suite 104, Columbus, OH 43213</a>                                                    | Extern | doFollow      |
| <a href="#">Home</a>                                                                                               | Intern | doFollow      |
| <a href="#">Contact</a>                                                                                            | Intern | doFollow      |
| <a href="#">Quitting Marijuana with Hypnosis: Because Even Legal Habits Can Hold You Back</a>                      | Intern | doFollow      |
| <a href="#">How Hypnosis Helps You Quit Vaping—Even If Nothing Else Has Worked</a>                                 | Intern | doFollow      |
| <a href="#">Managing Stress Isn't About "Calming Down"—It's About Changing the Pattern (and Hypnosis Can Help)</a> | Intern | doFollow      |
| <a href="#">Breaking Bad Habits with Hypnosis: Why Willpower Isn't Enough (and What Actually Works)</a>            | Intern | doFollow      |
| <a href="#">Gambling Addiction Isn't About Luck—It's About Loops (and Hypnosis Can Help Break Them)</a>            | Intern | doFollow      |

## In-page links

|                                                |        |          |
|------------------------------------------------|--------|----------|
| <a href="#">Privacy Policy</a>                 | Intern | doFollow |
| <a href="#">Disclaimer</a>                     | Intern | doFollow |
| <a href="#">Imprint</a>                        | Intern | doFollow |
| <a href="#">Opt-out preferences</a>            | Intern | doFollow |
| <a href="#">Manage options</a>                 | Intern | doFollow |
| <a href="#">Read more about these purposes</a> | Extern | doFollow |

## SEO Keywords

|                                                                                  |                |                                                                                                  |
|----------------------------------------------------------------------------------|----------------|--------------------------------------------------------------------------------------------------|
|  | Keywords Cloud | <p>access lose technical<br/>columbus hypnosis learn<br/>performance storage weight<br/>more</p> |
|----------------------------------------------------------------------------------|----------------|--------------------------------------------------------------------------------------------------|

## Keywords Consistentie

| Keyword     | Content | Title | Keywords | Description | Headings |
|-------------|---------|-------|----------|-------------|----------|
| columbus    | 6       | ✓     | ✗        | ✓           | ✓        |
| hypnosis    | 6       | ✓     | ✗        | ✓           | ✓        |
| weight      | 6       | ✗     | ✗        | ✓           | ✓        |
| performance | 5       | ✓     | ✗        | ✓           | ✓        |
| more        | 5       | ✗     | ✗        | ✓           | ✗        |

## Bruikbaarheid

|                                                                                    |               |                                                     |
|------------------------------------------------------------------------------------|---------------|-----------------------------------------------------|
|  | Url           | Domein : peakperformancehypnosis.com<br>Lengte : 27 |
|  | Favicon       | Goed, uw website heeft een favicon.                 |
|  | Printbaarheid | Jammer. We vonden geen Print-Vriendelijke CSS.      |

## Bruikbaarheid

|                                                                                  |             |                                                 |
|----------------------------------------------------------------------------------|-------------|-------------------------------------------------|
|  | Taal        | Goed. Uw ingestelde taal is en.                 |
|  | Dublin Core | Deze pagina maakt geen gebruik van Dublin Core. |

## Document

|    | Doctype                | HTML 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                        |             |          |   |
|------------------------------------------------------------------------------------|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------------|----------|---|
|    | Encoding               | Perfect. Uw ingestelde Charset is UTF-8.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                        |             |          |   |
|    | W3C Validiteit         | Fouten : 0<br>Waarschuwingen : 0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                        |             |          |   |
|   | E-mail Privacy         | Waarschuwing! Er is op zijn minst 1 e-mailadres gevonden als platte tekst. (voorkom spam!). Gebruik <a href="#">deze gratis antispam protector</a> om e-mailadressen te verbergen voor spammers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                        |             |          |   |
|  | Niet ondersteunde HTML | <table><tr><th>Niet ondersteunde tags</th><th>Voorkomende</th></tr><tr><td>&lt;center&gt;</td><td>2</td></tr></table> <p>We hebben niet meer ondersteunde HTML tags gevonden in uw HTML, we adviseren u deze te verwijderen.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Niet ondersteunde tags | Voorkomende | <center> | 2 |
| Niet ondersteunde tags                                                             | Voorkomende            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                        |             |          |   |
| <center>                                                                           | 2                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                        |             |          |   |
|  | Speed Tips             | <div> Geweldig, uw website heeft geen tabellen in een tabel.</div> <div> Jammer, uw website maakt gebruik van inline styles.</div> <div> Jammer, uw website heeft teveel CSS bestanden (meer dan 4).</div> <div> Jammer, uw website heeft teveel JS bestanden (meer dan 6).</div> <div> Jammer, uw website haalt geen voordeel uit gzip.</div> |                        |             |          |   |

## Mobile

|                                                                                    |                     |                                                                                                                                                                                                                                                                                                                                                                        |
|------------------------------------------------------------------------------------|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | Mobile Optimization | <ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul> |
|------------------------------------------------------------------------------------|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## Optimalisatie

|                                                                                   |             |                                                                                                                                                                                                                                                                                                                                                     |
|-----------------------------------------------------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | XML Sitemap | <p>Ontbrekend</p> <p>Uw website heeft geen XML sitemap- dit kan problematisch zijn.</p> <p>Een sitemap vermeld url's die beschikbaar zijn voor crawlen en kan extra informatie bevatten zoals uw laatste site-updates, frequentie van wijzigingen en het belang van de url's. Dit laat zoekmachines toe om de site intelligenter te doorzoeken.</p> |
|  | Robots.txt  | <p><a href="http://peakperformancehypnosis.com/robots.txt">http://peakperformancehypnosis.com/robots.txt</a></p> <p>Geweldig uw website heeft een robots.txt bestand.</p>                                                                                                                                                                           |
|  | Analytics   | <p>Ontbrekend</p> <p>We hadden niet op te sporen van een analytics tool op deze website geplaatst.</p> <p>Web Analytics laat u toe de bezoekersactiviteit op uw website te meten. U zou minstens 1 Analytics tool geïnstalleerd moeten hebben en een extra tool voor de bevestiging van de resultaten.</p>                                          |