

Evaluation du site aidietcalculator.com

Généré le 15 Mai 2025 01:35

Le score est de 64/100



Optimisation du contenu

	Titre	AI Diet & Fitness Calculators Personalized Health Tools Longueur : 61 Parfait, votre titre contient entre 10 et 70 caractères.										
	Description	Explore our suite of free AI-powered health calculators including calorie, body fat, BMI, water intake, macro nutrients, exercise calorie burn, and workout plan generator. Get personalized meal plans and achieve your fitness goals. Longueur : 231 Idéalement, votre balise META description devrait contenir entre 70 et 160 caractères (espaces compris). Utilisez cet outil gratuit pour calculer la longueur du texte.										
	Mots-clefs	AI diet calculator,free AI calculators,calorie calculator,body fat calculator,BMI calculator,water intake calculator,macro nutrient calculator,exercise calorie burn,workout plan generator,personalized meal plans,fitness tools Bien, votre page contient une balise META keywords.										
	Propriétés Open Graph	Bien, cette page profite des balises META Open Graph. <table><tr><th>Propriété</th><th>Contenu</th></tr><tr><td>title</td><td>Free AI Diet Calculators - Personalized Nutrition & Fitness Tools</td></tr><tr><td>description</td><td>Our AI-powered diet calculators provide free, personalized nutrition and fitness calculations. Discover 15+ specialized tools including calorie counters, macro planners, and workout generators designed to optimize your health journey.</td></tr><tr><td>url</td><td>https://aidietcalculator.com</td></tr><tr><td>site_name</td><td>AI Diet Calculator</td></tr></table>	Propriété	Contenu	title	Free AI Diet Calculators - Personalized Nutrition & Fitness Tools	description	Our AI-powered diet calculators provide free, personalized nutrition and fitness calculations. Discover 15+ specialized tools including calorie counters, macro planners, and workout generators designed to optimize your health journey.	url	https://aidietcalculator.com	site_name	AI Diet Calculator
Propriété	Contenu											
title	Free AI Diet Calculators - Personalized Nutrition & Fitness Tools											
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url	https://aidietcalculator.com											
site_name	AI Diet Calculator											

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locale	en_US
image	https://aidietcalculator.com/og-image.jpg
image:width	1200
image:height	630
image:alt	AI Diet & Fitness Calculators Preview
type	website

Niveaux de titre

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	Images	Nous avons trouvé 3 image(s) sur cette page Web. Bien, la plupart ou la totalité de vos images possèdent un attribut alt
	Ratio texte/HTML	Ratio : 10% le ratio de cette page texte/HTML est au-dessous de 15 pour cent, ce qui signifie que votre site manque de contenu textuel.
	Flash	Parfait, aucun contenu FLASH n'a été détecté sur cette page.
	Iframe	Génial, il n'y a pas d'Iframes détectés sur cette page.

Liens

	Réécriture d'URLs	Bien. Vos liens sont optimisés!
	Tiret bas dans les URLs	Parfait! Aucuns soulignements détectés dans vos URLs.
	Liens dans la page	Nous avons trouvé un total de 12 lien(s) dont 0 lien(s) vers des fichiers
	Statistics	Liens externes : noFollow 0% Liens externes : Passing Juice 16.67% Liens internes 83.33%

Liens dans la page

Texte d'ancre	Type	Juice
How It Works	Interne	Passing Juice
About Us	Interne	Passing Juice
Blog	Interne	Passing Juice
BMI Calculator	Interne	Passing Juice
Calorie Calculator	Interne	Passing Juice
Macro Nutrient Calculator	Interne	Passing Juice
The Relationship Between Body Fat Percentage and Overall Health	Interne	Passing Juice
Different Methods of Measuring Body Fat: Pros and Cons	Interne	Passing Juice
Effective Strategies for Lowering Body Fat Percentage	Interne	Passing Juice
Learn More	Externe	Passing Juice
Learn More	Externe	Passing Juice
Privacy Policy	Interne	Passing Juice

Mots-clefs



Nuage de mots-clefs

calorie personalized goals body meal
based calculator fitness ai-powered
weight

Cohérence des mots-clefs

Mot-clef	Contenu	Titre	Mots-clefs	Description	Niveaux de titre
calculator	104	✓	✓	✓	✓
ai-powered	79	✗	✗	✓	✓
weight	72	✗	✗	✗	✓
personalized	64	✓	✓	✓	✓

Cohérence des mots-clefs

based

53



Ergonomie

	Url	Domaine : aidietacalculator.com Longueur : 20
	Favicon	Génial, votre site web dispose d'un favicon.
	Imprimabilité	Aucun style CSS pour optimiser l'impression n'a pu être trouvé.
	Langue	Bien. Votre langue est : en.
	Dublin Core	Cette page ne profite pas des métadonnées Dublin Core.

Document

	Doctype	HTML 5
	Encodage	Parfait. Votre charset est UTF-8.
	Validité W3C	Erreurs : 0 Avertissements : 0
	E-mail confidentialité	Génial, aucune adresse e-mail n'a été trouvé sous forme de texte!
	HTML obsolètes	Génial! Nous n'avons pas trouvé de balises HTML obsolètes dans votre code.
	Astuces vitesse	Excellent, votre site n'utilise pas de tableaux imbriqués. Mauvais, votre site web utilise des styles css inline. Génial, votre site web contient peu de fichiers CSS. Mauvais, votre site web contient trop de fichiers javascript (plus de 6).

Document

✖ Dommage, votre site n'est pas optimisé avec gzip.

Mobile



Optimisation mobile

- ✓ Icône Apple
- ✓ Méta tags viewport
- ✓ Contenu FLASH

Optimisation



Sitemap XML

Votre site web dispose d'une sitemap XML, ce qui est optimal.

<https://aidietcalculator.com/sitemap.xml>



Robots.txt

<http://aidietcalculator.com/robots.txt>

Votre site dispose d'un fichier robots.txt, ce qui est optimal.



Mesures d'audience

Manquant

Nous n'avons trouvé aucun outil d'analytics sur ce site.

Un outil de mesure d'audience vous permet d'analyser l'activité des visiteurs sur votre site. Vous devriez installer au moins un outil Analytics. Il est souvent utile d'en rajouter un second, afin de confirmer les résultats du premier.