

# Website Analysis: sanctuaryfirst.org.uk

Generated on January 31 2026 16:13 PM




The score is 39/100







## SEO Content

	Title	Welcome   Sanctuary First					
		Length : 25					
		Perfect, your title contains between 10 and 70 characters.					
	Description	Length : 0					
		Very bad. We haven't found meta description on your page. Use <a href="#">this free online meta tags generator</a> to create description.					
	Keywords	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.					
	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.					
	Headings	H1 0	H2 1	H3 5	H4 10	H5 19	H6 14
		<ul style="list-style-type: none"><li>• [H2] Laura Digan</li><li>• [H3] Order Your Lent Booklets Now!</li><li>• [H3] Lent Bible Study &amp; Mindful Moments</li><li>• [H3] Sunday Prayer! Join us live from 7AM</li><li>• [H3] New Episode - Emerging Emmaus</li><li>• [H3] Same God Different Boats - Inclusive Service</li><li>• [H4] Daily Worship</li><li>• [H4] Connect</li><li>• [H4] Events</li><li>• [H4] Music</li><li>• [H4] Latest Videos</li><li>• [H4] Blog</li><li>• [H4] Podcast</li><li>• [H4] What are people saying?</li><li>• [H4] Mindfulness and Meditations</li><li>• [H4] News</li><li>• [H5] The gift of humility</li><li>• [H5] Philippians 2: 1-11 (NIV-UK)</li></ul>					

## SEO Content

		<ul style="list-style-type: none"> <li>• [H5] Week Four</li> <li>• [H5] Sunday Morning Prayer</li> <li>• [H5] Room at the Table - Music Video</li> <li>• [H5] Sam Baird - Grace</li> <li>• [H5] Sam Baird - Millions</li> <li>• [H5] Join us at the Brewery!</li> <li>• [H5] Room at the Table - Introduction</li> <li>• [H5] Room at the Table - Get Involved</li> <li>• [H5] Invitation to The Advent Labyrinth</li> <li>• [H5] Come Follow Me! - Lent theme and Bible Study out now!</li> <li>• [H5] Emerging Emmaus - Creating Safe Spaces for Curiosity, Faith &amp; Doubt</li> <li>• [H5] Mindfulness Moments</li> <li>• [H5] Stones</li> <li>• [H5] Prayers for Living</li> <li>• [H5] Daily Worship Writer - Laura Digan on humility</li> <li>• [H5] Same God Different Boats - Inclusive Service</li> <li>• [H5] Leprosy Mission - 'I Am Nisha' Campaign</li> <li>• [H6] Week Five</li> <li>• [H6] Week Six</li> <li>• [H6] Introduction</li> <li>• [H6] Mindful Moments</li> <li>• [H6] Sunday Morning Prayer</li> <li>• [H6] Morning Prayer with Albert Bogle</li> <li>• [H6] Live Jam from The Studio</li> <li>• [H6] Morning Prayer with Laura Digan</li> <li>• [H6] Room for All: Stories Round The Table 5</li> <li>• [H6] Still Quarrying - Strangers on a Bus</li> <li>• [H6] Making Room: Stories Round The Table 4</li> <li>• [H6] Room for All: Stories Round the Table 5</li> <li>• [H6] Making Room: Stories Round the Table 4</li> <li>• [H6] Emerging Emmaus - Seeing the Wood for the Trees in Mission</li> </ul>
	Images	<p>We found 69 images on this web page.</p> <p>31 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 21%</p> <p>Good, this page's ratio of text to HTML code is higher than 15, but lower than 25 percent.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Great, there are no Iframes detected on this page.</p>

## SEO Links

	URL Rewrite	Bad. Your links have query string.
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 84 links including 1 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 4.76%</p> <p>Internal Links 95.24%</p>

## In-page links

Anchor	Type	Juice
<a href="#">Profile Login</a>	Internal	Passing Juice
<a href="#">=</a>	Internal	Passing Juice
<a href="#">Logout</a>	Internal	Passing Juice
<a href="#">Giving</a>	Internal	Passing Juice
<a href="#">Get the App</a>	Internal	Passing Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">About</a>	Internal	Passing Juice
<a href="#">About us</a>	Internal	Passing Juice
<a href="#">Meet the team</a>	Internal	Passing Juice
<a href="#">Today's post</a>	Internal	Passing Juice
<a href="#">Get by email</a>	Internal	Passing Juice
<a href="#">Worship Library</a>	Internal	Passing Juice
<a href="#">Daily Worship Plugin</a>	Internal	Passing Juice
<a href="#">See all</a>	Internal	Passing Juice
<a href="#">Praise Ceilidh</a>	Internal	Passing Juice
<a href="#">Sunday Live</a>	Internal	Passing Juice

## In-page links

<a href="#">Morning Prayer</a>	Internal	Passing Juice
<a href="#">Live Jam</a>	Internal	Passing Juice
<a href="#">Art Connection</a>	Internal	Passing Juice
<a href="#">Coffee Shop</a>	Internal	Passing Juice
<a href="#">See all</a>	Internal	Passing Juice
<a href="#">Secret Chord Sessions</a>	Internal	Passing Juice
<a href="#">See all</a>	Internal	Passing Juice
<a href="#">Creation and the Creator</a>	Internal	Passing Juice
<a href="#">Emerging Emmaus</a>	Internal	Passing Juice
<a href="#">Faith at the Fringe</a>	Internal	Passing Juice
<a href="#">Time of the Month</a>	Internal	Passing Juice
<a href="#">St Ninian's Community Church</a>	Internal	Passing Juice
<a href="#">See all</a>	Internal	Passing Juice
<a href="#">See all</a>	Internal	Passing Juice
<a href="#">Current theme</a>	Internal	Passing Juice
<a href="#">Theme library</a>	Internal	Passing Juice
<a href="#">Connect groups</a>	Internal	Passing Juice
<a href="#">Book clubs</a>	Internal	Passing Juice
<a href="#">Mindfulness</a>	Internal	Passing Juice
<a href="#">Resources</a>	Internal	Passing Juice
<a href="#">Discipleship Toolbox</a>	Internal	Passing Juice
<a href="#">Encourage me</a>	Internal	Passing Juice
<a href="#">Contact Us</a>	Internal	Passing Juice
<a href="#">New to Faith</a>	Internal	Passing Juice
<a href="#">Get Involved</a>	Internal	Passing Juice
<a href="#">Order Your Lent Booklets Now!</a>	External	Passing Juice
<a href="#">Lent Bible Study &amp; Mindful Moments</a>	Internal	Passing Juice
<a href="#">Sunday Prayer! Join us live from 7AM</a>	Internal	Passing Juice

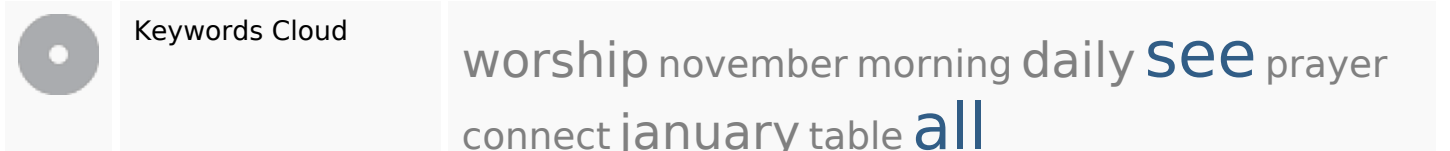
## In-page links

<a href="#">New Episode - Emerging Emmaus</a>	Internal	Passing Juice
<a href="#">Same God Different Boats - Inclusive Service</a>	Internal	Passing Juice
<a href="#">The Gift Table - Connect Groups</a>	Internal	Passing Juice
<a href="#">Laura Digan - Humility</a>	Internal	Passing Juice
<a href="#">Week Four</a>	Internal	Passing Juice
<a href="#">Week Five</a>	Internal	Passing Juice
<a href="#">Week Six</a>	Internal	Passing Juice
<a href="#">Introduction</a>	Internal	Passing Juice
<a href="#">Mindful Moments</a>	Internal	Passing Juice
<a href="#">Sunday Morning Prayer</a>	Internal	Passing Juice
<a href="#">Morning Prayer with Albert Bogle</a>	Internal	Passing Juice
<a href="#">Live Jam from The Studio</a>	Internal	Passing Juice
<a href="#">Morning Prayer with Laura Digan</a>	Internal	Passing Juice
<a href="#">Room at the Table - Music Video</a>	Internal	Passing Juice
<a href="#">Sam Baird - Grace</a>	Internal	Passing Juice
<a href="#">Sam Baird - Millions</a>	Internal	Passing Juice
<a href="#">Join us at the Brewery!</a>	Internal	Passing Juice
<a href="#">Room at the Table - Introduction</a>	Internal	Passing Juice
<a href="#">Room at the Table - Get Involved</a>	Internal	Passing Juice
<a href="#">Invitation to The Advent Labyrinth</a>	Internal	Passing Juice
<a href="#">Come Follow Me! - Lent theme and Bible Study out now!</a>	Internal	Passing Juice
<a href="#">Room for All: Stories Round The Table 5</a>	Internal	Passing Juice
<a href="#">Still Quarrying - Strangers on a Bus</a>	Internal	Passing Juice
<a href="#">Making Room: Stories Round The Table 4</a>	Internal	Passing Juice
<a href="#">Emerging Emmaus - Creating Safe Spaces for Curiosity, Faith &amp; Doubt</a>	Internal	Passing Juice
<a href="#">Room for All: Stories Round the Table 5</a>	Internal	Passing Juice
<a href="#">Making Room: Stories Round the Table 4</a>	Internal	Passing Juice
<a href="#">Emerging Emmaus - Seeing the Wood for the Trees in Mission</a>	Internal	Passing Juice

## In-page links

<a href="#">The gift of humility</a>	Internal	Passing Juice
<a href="#">Mindfulness Moments</a>	Internal	Passing Juice
<a href="#">Stones</a>	Internal	Passing Juice
<a href="#">Prayers for Living</a>	Internal	Passing Juice
<a href="#">see all</a>	Internal	Passing Juice
<a href="#">Daily Worship Writer - Laura Digan on humility</a>	Internal	Passing Juice
<a href="#">Same God Different Boats - Inclusive Service</a>	Internal	Passing Juice
<a href="#">Leprosy Mission - &amp;#8216;I Am Nisha&amp;#8217; Campaign</a>	Internal	Passing Juice
<a href="#">Facebook</a>	External	Passing Juice
<a href="#">Instagram</a>	External	Passing Juice
<a href="#">YouTube</a>	External	Passing Juice
<a href="#">Privacy</a>	Internal	Passing Juice

## SEO Keywords








## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
all	23	✖	✖	✖	✔
see	22	✖	✖	✖	✔
worship	11	✖	✖	✖	✔
january	11	✖	✖	✖	✖
daily	10	✖	✖	✖	✔












## Usability

Url	Domain : sanctuaryfirst.org.uk Length : 21
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## Usability

		
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	You have not specified the language. Use <a href="#">this free meta tags generator</a> to declare the intended language of your website.
	Dublin Core	This page does not take advantage of Dublin Core.





## Document

	Doctype	HTML 5
	Encoding	You have not specified the document's charset. Use <a href="#">this free meta tags generator</a> to declare document's charset.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div> Excellent, your website doesn't use nested tables.</div> <div> Too bad, your website is using inline styles.</div> <div> Too bad, your website has too many CSS files (more than 4).</div> <div> Too bad, your website has too many JS files (more than 6).</div> <div> Too bad, your website does not take advantage of gzip.</div>

## Mobile

	Mobile Optimization	<div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div>
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## Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p><a href="http://sanctuaryfirst.org.uk/robots.txt">http://sanctuaryfirst.org.uk/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Great, your website has an analytics tool.</p> <div> Google Analytics</div>