



# Website Analysis: rg.org

Generated on May 22 2025 03:51 AM

The score is 59/100







## SEO Content

	Title	Sports News and Insights - RG																			
		Length : 29																			
		Perfect, your title contains between 10 and 70 characters.																			
	Description	RG is your source for breaking sports news, interviews, research, and data-driven insights.																			
		Length : 91																			
		Great, your meta description contains between 70 and 160 characters.																			
	Keywords	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.																			
	Og Meta Properties	Good, your page take advantage of Og Properties.																			
		<table><tr><th>Property</th><th>Content</th></tr><tr><td>title</td><td>Sports News and Insights - RG</td></tr><tr><td>description</td><td>RG is your source for breaking sports news, interviews, research, and data-driven insights.</td></tr><tr><td>url</td><td>https://rg.org/</td></tr><tr><td>site_name</td><td>RG</td></tr><tr><td>locale</td><td>en_US</td></tr><tr><td>image</td><td>https://rg.org/static/images/logo.jpeg</td></tr></table>						Property	Content	title	Sports News and Insights - RG	description	RG is your source for breaking sports news, interviews, research, and data-driven insights.	url	https://rg.org/	site_name	RG	locale	en_US	image	https://rg.org/static/images/logo.jpeg
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locale	en_US																				
image	https://rg.org/static/images/logo.jpeg																				
	Headings	H1 0	H2 7	H3 6	H4 0	H5 26	H6 2														
		<ul style="list-style-type: none"><li>• [H2] Latest Research &amp; Sports Data Analysis</li><li>• [H2] Football Interviews</li><li>• [H2] Hockey Review</li><li>• [H2] Basketball Insights</li></ul>																			





## SEO Content

- [H2] MMA News
- [H2] Golf News
- [H2] Meet our Experts
- [H3] "I Should've Played Better": Michkov Reflects on Calder Snub, Relationship with Demidov and Praise for Hutson
- [H3] As Featured In
- [H3] Our Standards
- [H3]
- [H3] What People Say About RG
- [H3] As Featured In
- [H5] "You Make It Simple When You Write It Down": How Keeping A Journal Saved Kemar Roofe's Career
- [H5] Jalen Brunson's Trainer: "He's Focused On Just Trying To Get That Trophy"
- [H5] "Recruitment Has Fallen Below The Required Standard": Chris Turner Blames Instability For Manchester United's Struggles
- [H5] How Inter Milan's Backline Creates Chaos in Attack
- [H5] What It Takes to Stay Up: Why £60M Is the New Floor for Premier League Survival
- [H5] Stephen Curry's Injury: How It Changes the Warriors' Playoff Hopes
- [H5] Three-Pointers and Rim Shots Are Reshaping the NBA's Offensive Blueprint
- [H5] Why Connor Bedard Had the Biggest NHL Attendance Impact in the Last Decade
- [H5] USMNT's Key Problems Are Still in Both Boxes — Scoring and Saving
- [H5] "My Biggest Thing is to Attack Every Day": Rachaad White Embraces Pivotal Contract Year
- [H5] "If I Can't Find Cooper, He's Always in the QB Room": Darnold Excited for Seahawks' Fresh Start
- [H5] "He Has A Plan For Everything": Malaki Starks Says Joining Ravens And Harbaugh Feels Like The Perfect Fit
- [H5] "I Should've Played Better": Michkov Reflects on Calder Snub, Relationship with Demidov and Praise for Hutson
- [H5] "It's Time to Leave My Comfort Zone": Danila Yurov Takes Big Step Toward NHL Dream with Wild
- [H5] "Trying to Become That 200-Foot Player": Michael Misa Embraces His Role Ahead of the 2025 NHL Draft
- [H5] Jalen Brunson's Trainer: "He's Focused On Just Trying To Get That Trophy"
- [H5] What are Best Trade Options for Kevin Durant?
- [H5] Report: Trade Suitors Are Monitoring Closely as Giannis Antetokounmpo's Offseason Looms
- [H5] How Shawne 'Lights Out' Merriman Turned a High School Nickname Into an MMA Empire
- [H5] "I Had No Ceiling" – Roy Jones Jr. Questions His Pound-for-Pound Legacy as Boxing's GOAT
- [H5] GFL Draft Looms: Matthew Waggy Talks Training, Coaching, and New Opportunities
- [H5] Scheffler Claims PGA Championship Victory in Dramatic Fashion at Quail Hollow
- [H5] The Starter: Straka Strikes Again; Fox Finds Magic; Thitikul Tames Liberty National
- [H5] The Starter: Scheffler's Record-Tying Romp and Ryu's Wire-

## SEO Content

		to-Wire Wonder <ul style="list-style-type: none"><li>• [H5] Paruyr Shahbazyan</li><li>• [H5] Strategic Vision</li><li>• [H6] Latest Research</li><li>• [H6] Top News</li></ul>
	Images	We found 83 images on this web page. Good, most or all of your images have alt attributes
	Text/HTML Ratio	Ratio : 2%  This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 55 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%  External Links : Passing Juice 1.82%  Internal Links 98.18%

## In-page links

Anchor	Type	Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Exclusive News</a>	Internal	Passing Juice

## In-page links

<a href="#">Baseball News</a>	Internal	Passing Juice
<a href="#">Basketball News</a>	Internal	Passing Juice
<a href="#">Football News</a>	Internal	Passing Juice
<a href="#">Golf News</a>	Internal	Passing Juice
<a href="#">Hockey News</a>	Internal	Passing Juice
<a href="#">MMA News</a>	Internal	Passing Juice
<a href="#">Soccer News</a>	Internal	Passing Juice
<a href="#">Gaming News</a>	Internal	Passing Juice
<a href="#">Statistics</a>	Internal	Passing Juice
<a href="#">U.S. Statistics</a>	Internal	Passing Juice
<a href="#">Arizona</a>	Internal	Passing Juice
<a href="#">Arkansas</a>	Internal	Passing Juice
<a href="#">Colorado</a>	Internal	Passing Juice
<a href="#">Connecticut</a>	Internal	Passing Juice
<a href="#">Delaware</a>	Internal	Passing Juice
<a href="#">District of Columbia</a>	Internal	Passing Juice
<a href="#">Indiana</a>	Internal	Passing Juice
<a href="#">Iowa</a>	Internal	Passing Juice
<a href="#">Kansas</a>	Internal	Passing Juice
<a href="#">Kentucky</a>	Internal	Passing Juice
<a href="#">Louisiana</a>	Internal	Passing Juice
<a href="#">Maine</a>	Internal	Passing Juice
<a href="#">Maryland</a>	Internal	Passing Juice
<a href="#">Massachusetts</a>	Internal	Passing Juice
<a href="#">Michigan</a>	Internal	Passing Juice
<a href="#">Mississippi</a>	Internal	Passing Juice
<a href="#">Montana</a>	Internal	Passing Juice
<a href="#">New Hampshire</a>	Internal	Passing Juice

In-page links

<a href="#">New Jersey</a>	Internal	Passing Juice
<a href="#">New York</a>	Internal	Passing Juice
<a href="#">North Carolina</a>	Internal	Passing Juice
<a href="#">Ohio</a>	Internal	Passing Juice
<a href="#">Oregon</a>	Internal	Passing Juice
<a href="#">Pennsylvania</a>	Internal	Passing Juice
<a href="#">Rhode Island</a>	Internal	Passing Juice
<a href="#">South Dakota</a>	Internal	Passing Juice
<a href="#">Tennessee</a>	Internal	Passing Juice
<a href="#">Vermont</a>	Internal	Passing Juice
<a href="#">Virginia</a>	Internal	Passing Juice
<a href="#">West Virginia</a>	Internal	Passing Juice
<a href="#">Wyoming</a>	Internal	Passing Juice
<a href="#">Latest Research &amp; Analysis</a>	Internal	Passing Juice
<a href="#">Sports Data and Analytics</a>	Internal	Passing Juice
<a href="#">Instant Insights</a>	Internal	Passing Juice
<a href="#">Behavioral &amp; Psychological Research</a>	Internal	Passing Juice
<a href="#">Political and Regulatory Research</a>	Internal	Passing Juice
<a href="#">Social &amp; Cultural Impact Analysis</a>	Internal	Passing Juice
<a href="#">Technological and Innovation Studies</a>	Internal	Passing Juice
<a href="#">About RG</a>	Internal	Passing Juice
<a href="#">Publishing Principles</a>	Internal	Passing Juice
<a href="#">View all disclaimers</a>	Internal	Passing Juice
<a href="#">Flatstudio</a>	External	Passing Juice
<a href="#">Privacy Policy</a>	Internal	Passing Juice

SEO Keywords

	Keywords Cloud	
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## SEO Keywords



betting best how more sports  
bonuses insights bet gambling all

### Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
betting	19	✖	✖	✖	✖
sports	18	✔	✖	✔	✔
how	12	✖	✖	✖	✔
gambling	12	✖	✖	✖	✖
insights	12	✔	✖	✔	✔










### Usability

	Url	Domain : rg.org Length : 6
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.





### Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.




## Document

	W3C Validity	Errors : 2 Warnings : 6
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div><div> Excellent, your website doesn't use nested tables.</div><div> Too bad, your website is using inline styles.</div><div> Great, your website has few CSS files.</div><div> Perfect, your website has few JavaScript files.</div><div> Too bad, your website does not take advantage of gzip.</div></div>

## Mobile

	Mobile Optimization	<div><div> Apple Icon</div><div> Meta Viewport Tag</div><div> Flash content</div></div>
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## Optimization

	XML Sitemap	<div>Great, your website has an XML sitemap.</div> <div><div>https://rg.org/sitemap.xml</div><div>https://rg.org/sitemap/news.xml</div><div>https://rg.org/centreforum_sitemap.xml</div><div>https://rg.org/ua_sitemap.xml</div></div>
	Robots.txt	<div>http://rg.org/robots.txt</div> <div>Great, your website has a robots.txt file.</div>
	Analytics	<div>Missing</div> <div>We didn't detect an analytics tool installed on this website.</div>

## Optimization

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.