



Website Analysis: lootproject.pro

Generated on July 03 2024 14:52 PM





The score is 42/100







SEO Content

	<p>Title</p>	<p>Síntomas músculo-esqueléticos y ausentismo laboral en trabajadores de construcción civil, Lima-Perú CASUS. Revista de Investigación y Casos en Salud</p> <p>Length : 157</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Description</p>	<p>Salud; investigación; acceso abierto; reporte de casos; artículos originales; revista; UCSS</p> <p>Length : 92</p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	<p>Headings</p>	<table border="1" data-bbox="544 1514 1481 1581"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>15</td> <td>1</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1615 1469 2078" style="list-style-type: none"> • [H1] Síntomas músculo-esqueléticos y ausentismo laboral en trabajadores de construcción civil, Lima-Perú • [H2] Autores/as • [H2] DOI: • [H2] Palabras clave: • [H2] Resumen • [H2] Citas • [H2] Descargas • [H2] Publicado • [H2] Cómo citar • [H2] Número • [H2] Sección • [H2] Licencia • [H2] normas 	H1	H2	H3	H4	H5	H6	1	15	1	0	0	0
H1	H2	H3	H4	H5	H6									
1	15	1	0	0	0									

SEO Content

		<ul style="list-style-type: none">• [H2] pasos• [H2] Indexada en• [H2] visitantes• [H3] Descargas
	Images	We found 18 images on this web page. 2 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : 8% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 71 links including 14 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 95.77% Internal Links 4.23%

In-page links

Anchor	Type	Juice
Ir al contenido principal	Internal	Passing Juice
Ir al menú de navegación principal	Internal	Passing Juice

In-page links

Ir al pie de página del sitio	Internal	Passing Juice
Actual	External	Passing Juice
Archivos	External	Passing Juice
Avisos	External	Passing Juice
Acerca de	External	Passing Juice
Equipo editorial	External	Passing Juice
Enfoque y alcance	External	Passing Juice
Frecuencia de publicación	External	Passing Juice
Contacto	External	Passing Juice
Políticas	External	Passing Juice
Políticas de sección	External	Passing Juice
Política de acceso abierto	External	Passing Juice
Cargos por procesamiento de artículo	External	Passing Juice
Cargos por envío de artículo	External	Passing Juice
Política de exención	External	Passing Juice
Política de detección de plagio	External	Passing Juice
Código de ética	External	Passing Juice
Política de archivación	External	Passing Juice
Envíos	External	Passing Juice
Lista de comprobación de envío	External	Passing Juice
Directrices para los autores	External	Passing Juice
Licencia de contenido	External	Passing Juice
Derechos de autor	External	Passing Juice
UCSS	External	Passing Juice
Registrarse	External	Passing Juice
Entrar	External	Passing Juice
Inicio	External	Passing Juice
Vol. 7 Núm. 1 (2023)	External	Passing Juice

In-page links

https://doi.org/10.35626/casus.1.2023.497	External	Passing Juice
https://www.gmtconsulting.net/_resources/files/GMT-Consulting-Work-related_MSDs_prevalence_costs_and_demographics_in_the_EU_report-.pdf	External	Passing Juice
https://www.who.int/es/news-room/fact-sheets/detail/musculoskeletal-conditions	External	Passing Juice
https://www.medigraphic.com/pdfs/medintmex/mim-2013/mim134f.pdf	External	Passing Juice
https://www.scielosp.org/article/ssm/content/raw/?resource_ssm_path=/media/assets/rpsp/v38n2/v38n2a04.pdf	External	Passing Juice
http://dspace.ucuenca.edu.ec/bitstream/123456789/26488/1/PROYECTO%20DE%20INVESTIGACION%20C3%93N.pdf	External	Passing Juice
http://ve.scielo.org/scielo.php?script=sci_arttext&pid=S1315-01382007000200003&lng=es	External	Passing Juice
http://www.scielo.org.pe/scielo.php?script=sci_arttext&pid=S1025-55832019000300011&lng=es	External	Passing Juice
https://www.ugt.es/sites/default/files/folleto_tme_web.pdf	External	Passing Juice
https://www.scielo.br/j/rbepid/a/Frm3NmbykRZ86DxZvfPyKLG/?format=pdf&lang=pt	External	Passing Juice
http://www.scielo.org.pe/scielo.php?script=sci_arttext&pid=S1728-59172017000100002	External	Passing Juice
https://repositorio.upch.edu.pe/bitstream/handle/20.500.12866/5000/Ausentismo_CarbajalPuertas_Irdely.pdf?sequence=1&isAllowed=y	External	Passing Juice
https://personas.sunat.gob.pe/trabajador-independiente/quien-es-trabajador-independiente#:~:text=Es%20toda%20persona%20que%20presta.de%20las%20Rentas%20de%20Trabajo	External	Passing Juice
https://upcommons.upc.edu/bitstream/handle/2117/76361/memoria.pdf?sequence=1&isAllowed=y	External	Passing Juice
https://repositorio.uchile.cl/bitstream/handle/2250/152284/Validation-of-the-nordic-standardized-questionnaire.pdf?sequence=1&isAllowed=y	External	Passing Juice
https://www.talentpoolconsulting.com/	External	Passing Juice
https://repository.unilibre.edu.co/bitstream/handle/10901/9663/Cardenas_Holguin_Sandoval_2016.pdf?sequence=1&isAllowed=y	External	Passing Juice
https://www.dspace.espol.edu.ec/bitstream/123456789/14552/1/TesinaFrias.pdf	External	Passing Juice

In-page links

https://scielo.isciii.es/pdf/asisna/v30n3/original4.pdf	External	Passing Juice
https://cdn.www.gob.pe/uploads/document/file/730522/DS_N__094-2020-PCM.pdf	External	Passing Juice
https://content.iospress.com/articles/work/wor203073	External	Passing Juice
https://journals.lww.com/spinejournal/Abstract/2014/07010/The_Association_of_Chronic_Neck_Pain,_Low_Back.18.aspx	External	Passing Juice
http://osha.europa.eu	External	Passing Juice
https://www.hindawi.com/journals/tswj/2015/529873/	External	Passing Juice
https://reader.elsevier.com/reader/sd/pii/S209379111730029X?token=0BE3A1FEA9E60CB993A49C2AB44C7C3FEB95EF09286FB64A2189A531873532D1D0B6DB2812226C6E4AB3E43E71CDF9C8&originRegion=us-east-1&originCreation=20211217173431	External	Passing Juice
https://accedacris.ulpgc.es/bitstream/10553/5977/1/0514198_00012_0002.pdf	External	Passing Juice
https://www.scielo.sa.cr/scielo.php?pid=S1409-00152019000200056&script=sci_arttext	External	Passing Juice
PDF	External	Passing Juice
ACM	External	Passing Juice
ACS	External	Passing Juice
APA	External	Passing Juice
ABNT	External	Passing Juice
Chicago	External	Passing Juice
Harvard	External	Passing Juice
IEEE	External	Passing Juice
MLA	External	Passing Juice
Turabian	External	Passing Juice
Vancouver	External	Passing Juice
Creative Commons Atribución-NoComercial 4.0	External	Passing Juice
Español (482 KB)	External	Passing Juice
free web site counters	External	Passing Juice

SEO Keywords



Keywords Cloud

derechos para síntomas autores revista
una **los** autor **casus** bajo

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
los	6	✘	✘	✔	✘
revista	5	✔	✘	✔	✘
casus	4	✔	✘	✘	✘
autores	3	✘	✘	✘	✔
para	3	✘	✘	✘	✘










Usability

	Url	Domain : lootproject.pro Length : 15
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is es.
	Dublin Core	Great. This page take advantage of Dublin Core.





Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.



Document

	W3C Validity	Errors : 24 Warnings : 15				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td><center></td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<center>	1
Deprecated tags	Occurrences					
<center>	1					
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Too bad, your website does not take advantage of gzip.				

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	Missing <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	http://lootproject.pro/robots.txt Great, your website has a robots.txt file.
	Analytics	Great, your website has an analytics tool.

Optimization



Google Analytics