



Website Analysis: local315npmhu.com

Generated on April 05 2026 18:05 PM





The score is 45/100







SEO Content

	Title	<p>NPMHU Local 315</p> <p>Length : 15</p> <p>Perfect, your title contains between 10 and 70 characters.</p>					
	Description	<p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p>					
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>					
	Og Meta Properties	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>					
	Headings	H1	H2	H3	H4	H5	H6
		0	10	0	0	0	4
		<ul style="list-style-type: none"> • [H2] NPMHU Local 315 • [H2] Denial of Paid Leave/ Ice and Snow Storm Grievance, High Speed Tray Sorter; RCS Jobs • [H2] Portland Plant Membership/ Branch Meeting • [H2] PIT & Salem • [H2] Peak Season Posting • [H2] Statewide Oregon Posting - Mail Handlers • [H2] Portland Plant Membership/ Branch Meeting • [H2] HandlerGram • [H2] Archives • [H2] Categories • [H6] Recent Posts • [H6] About Local 315 • [H6] FIND US AT • [H6] PAGES 					
	Images	<p>We found 1 images on this web page.</p>					

SEO Content

		1 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : 4% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 52 links including 5 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 15.38% Internal Links 84.62%

In-page links

Anchor	Type	Juice
Home	Internal	Passing Juice
Local Council	Internal	Passing Juice
Our Stewards	Internal	Passing Juice
Portland Stewards	Internal	Passing Juice
Eugene Stewards	Internal	Passing Juice
Salem Stewards	Internal	Passing Juice

In-page links

Medford Stewards	Internal	Passing Juice
President's Corner	Internal	Passing Juice
Stewards Resources	Internal	Passing Juice
NPMHU National Agreement 2022	External	Passing Juice
NPMHU Contract Interpretation Manual v6	External	Passing Juice
Wage Charts	External	Passing Juice
NPMHU ARTHUR S. VALLONE Scholarship	External	Passing Juice
NPMHU Calls for Bargaining Proposals from Membership	External	Passing Juice
USPS LiteBlue FAQ/Guidelines	External	Passing Juice
Denial of Paid Leave/ Ice and Snow Storm Grievance, High Speed Tray Sorter; RCS Jobs	Internal	Passing Juice
0 comments	Internal	Passing Juice
Grievance	Internal	Passing Juice
HSTS	Internal	Passing Juice
Leave	Internal	Passing Juice
Local 315	Internal	Passing Juice
Local President	Internal	Passing Juice
PDX Branch	Internal	Passing Juice
Portland	Internal	Passing Juice
Portland RPDC	Internal	Passing Juice
Portland Plant Membership/ Branch Meeting	Internal	Passing Juice
0 comments	Internal	Passing Juice
Membership Meeting	Internal	Passing Juice
PIT &#038; Salem	Internal	Passing Juice
0 comments	Internal	Passing Juice
Salem	Internal	Passing Juice
Peak Season Posting	Internal	Passing Juice
0 comments	Internal	Passing Juice
Statewide Oregon Posting - Mail Handlers	Internal	Passing Juice

In-page links

0 comments	Internal	Passing Juice
Statewide Posting	Internal	Passing Juice
Portland Plant Membership/ Branch Meeting	Internal	Passing Juice
0 comments	Internal	Passing Juice
Summer 2023	Internal	Passing Juice
Fall 2023	Internal	Passing Juice
Winter 2024	Internal	Passing Juice
Spring 2024	Internal	Passing Juice
Summer 2024	Internal	Passing Juice
March 2024	Internal	Passing Juice
February 2024	Internal	Passing Juice
December 2023	Internal	Passing Juice
November 2023	Internal	Passing Juice
October 2023	Internal	Passing Juice
July 2023	Internal	Passing Juice
Local 316	External	Passing Juice
Western Region VP Don Sneesby	External	Passing Juice
=	Internal	Passing Juice

SEO Keywords








Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
portland	14	✘	✘	✘	✔
stewards	12	✘	✘	✘	✘






Keywords Consistency

local	11	✓	✗	✗	✓
salem	6	✗	✗	✗	✓
all	5	✗	✗	✗	✗


Usability

	Url	Domain : local315npmhu.com Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.


Document

	Doctype	HTML 5				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 1 Warnings : 0				
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.				
	Deprecated HTML	<table border="1"> <thead> <tr> <th>Deprecated tags</th> <th>Occurrences</th> </tr> </thead> <tbody> <tr> <td><u></td> <td>3</td> </tr> </tbody> </table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<u>	3
Deprecated tags	Occurrences					
<u>	3					




Document

	Speed Tips	<ul style="list-style-type: none">✓ Excellent, your website doesn't use nested tables.✗ Too bad, your website is using inline styles.✗ Too bad, your website has too many CSS files (more than 4).✗ Too bad, your website has too many JS files (more than 6).✓ Perfect, your website takes advantage of gzip.
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Mobile

	Mobile Optimization	<ul style="list-style-type: none">✓ Apple Icon✓ Meta Viewport Tag✓ Flash content
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Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <ul style="list-style-type: none">http://local315npmhu.com/sitemap.xmlhttp://local315npmhu.com/wp-sitemap.xml
	Robots.txt	<p>http://local315npmhu.com/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>