







# Website Analysis: lifetimefitnessstore.com

Generated on July 19 2024 12:15 PM






The score is 59/100







## SEO Content

	<p>Title</p>	<p>UAE's No.1 Leading Home and Commercial Gym Equipment Store (upto 75% OFF) – LifeTlme Fitness Store</p> <p>Length : 98</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	<p>Description</p>	<p>Shop Top Rated Home Commercial Gym Equipments upto 75% OFF for Your exercise at Best Price in UAE. ✓ Flexible payment ✓ Free Shipping ✓ Cash on Delivery ✓ Easy Free Returns . Shop now!</p> <p>Length : 184</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	<p>Keywords</p>	<p>UAE's No.1 Leading Home and Commercial Gym Equipment Store (upto 75% OFF) – LifeTlme Fitness Store</p> <p>Good, your page contains meta keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1447 1481 2078"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>site_name</td> <td>Life Time Fitness Store</td> </tr> <tr> <td>title</td> <td>UAE's No.1 Leading Home and Commercial Gym Equipment Store (upto 75% OFF) – LifeTlme Fitness Store</td> </tr> <tr> <td>description</td> <td>Shop Top Rated Home Commercial Gym Equipments upto 75% OFF for Your exercise at Best Price in UAE. ✓ Flexible payment ✓ Free Shipping ✓ Cash on Delivery ✓ Easy Free Returns . Shop now!</td> </tr> <tr> <td>type</td> <td>Gym Equipment Store</td> </tr> <tr> <td>url</td> <td>https://lifetimefitnessstore.com/</td> </tr> </tbody> </table>	Property	Content	site_name	Life Time Fitness Store	title	UAE's No.1 Leading Home and Commercial Gym Equipment Store (upto 75% OFF) – LifeTlme Fitness Store	description	Shop Top Rated Home Commercial Gym Equipments upto 75% OFF for Your exercise at Best Price in UAE. ✓ Flexible payment ✓ Free Shipping ✓ Cash on Delivery ✓ Easy Free Returns . Shop now!	type	Gym Equipment Store	url	https://lifetimefitnessstore.com/
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# SEO Content

	Headings	<table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>0</td><td>11</td><td>5</td><td>1</td><td>4</td><td>9</td></tr></tbody></table> <ul style="list-style-type: none"><li>• [H2] Categories</li><li>• [H2] Why Shop With Us</li><li>• [H2] Train your body</li><li>• [H2] Shop by brands</li><li>• [H2] Deals of the day</li><li>• [H2] Cardio</li><li>• [H2] Weights</li><li>• [H2] Strength</li><li>• [H2] Shop by brands</li><li>• [H2] Testimonials</li><li>• [H2] UAE's Largest Fitness Equipment and Sports Store</li><li>• [H3] Cart</li><li>• [H3] Total:0.00</li><li>• [H3] Categories</li><li>• [H3] Cart</li><li>• [H3] Total:0.00</li><li>• [H4] Let's connect with the Sales Desk</li><li>• [H5] Email Us</li><li>• [H5] Call Us</li><li>• [H5] Whatsapp Us</li><li>• [H5] Join Our Newsletter Now</li><li>• [H6] Quick Links</li><li>• [H6] Top Categories</li><li>• [H6] Top Brands</li><li>• [H6] Connect With Us</li><li>• [H6] Accepted Payment Methods</li><li>• [H6] Subscribe to get information about products and coupons</li><li>• [H6] Contact Us</li><li>• [H6] Authorized Distributors</li><li>• [H6] Popular Searches</li></ul>	H1	H2	H3	H4	H5	H6	0	11	5	1	4	9
H1	H2	H3	H4	H5	H6									
0	11	5	1	4	9									
	Images	<p>We found 271 images on this web page.</p> <p>241 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>												
	Text/HTML Ratio	<p>Ratio : 22%</p> <p>Good, this page's ratio of text to HTML code is higher than 15, but lower than 25 percent.</p>												
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>												
	Iframe	<p>Too Bad, you have Iframes on the web pages, this mean that content in an Iframe cannot be indexed.</p>												

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 131 links including 1 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0.76%</p> <p>Internal Links 99.24%</p>

## In-page links

Anchor	Type	Juice
<a href="#">Store location</a>	External	Passing Juice
<a href="#">Sign In</a>	Internal	Passing Juice
<a href="#">Treadmills</a>	Internal	Passing Juice
<a href="#">Elliptical Cross Trainers</a>	Internal	Passing Juice
<a href="#">Exercise Bikes</a>	Internal	Passing Juice
<a href="#">Rowing Machines</a>	Internal	Passing Juice
<a href="#">Climbmill &amp; Steppers</a>	Internal	Passing Juice
<a href="#">Interactive Trainers</a>	Internal	Passing Juice
<a href="#">Reformers</a>	Internal	Passing Juice
<a href="#">Home Gyms</a>	Internal	Passing Juice
<a href="#">Functional Trainers</a>	Internal	Passing Juice
<a href="#">Power Racks &amp; Squat Racks</a>	Internal	Passing Juice
<a href="#">Power Towers</a>	Internal	Passing Juice
<a href="#">Smith Machines</a>	Internal	Passing Juice
<a href="#">Cable Crossover Machines</a>	Internal	Passing Juice
<a href="#">Plate Loaded Machines</a>	Internal	Passing Juice

## In-page links

<a href="#">Selectorized Machines</a>	Internal	Passing Juice
<a href="#">Strength Training Attachments</a>	Internal	Passing Juice
<a href="#">Sleds</a>	Internal	Passing Juice
<a href="#">Cable Machines</a>	Internal	Passing Juice
<a href="#">Abs &amp; Core Trainers</a>	Internal	Passing Juice
<a href="#">Multi Stations</a>	Internal	Passing Juice
<a href="#">Dumbbells</a>	Internal	Passing Juice
<a href="#">Weight Plates</a>	Internal	Passing Juice
<a href="#">Barbells</a>	Internal	Passing Juice
<a href="#">Kettlebells</a>	Internal	Passing Juice
<a href="#">Weighted Balls &amp; Bags</a>	Internal	Passing Juice
<a href="#">Racks</a>	Internal	Passing Juice
<a href="#">Bench Press</a>	Internal	Passing Juice
<a href="#">Adjustable Benches</a>	Internal	Passing Juice
<a href="#">Fixed Flat Benches</a>	Internal	Passing Juice
<a href="#">Preacher Curl Benches</a>	Internal	Passing Juice
<a href="#">Ab Benches</a>	Internal	Passing Juice
<a href="#">Hyper Extension Benches</a>	Internal	Passing Juice
<a href="#">Utility Benches</a>	Internal	Passing Juice
<a href="#">Table Tennis</a>	Internal	Passing Juice
<a href="#">Foosball Tables</a>	Internal	Passing Juice
<a href="#">Billiard-Snooker Tables</a>	Internal	Passing Juice
<a href="#">Air Hockey Tables</a>	Internal	Passing Juice
<a href="#">Board Games</a>	Internal	Passing Juice
<a href="#">Boxing Gloves</a>	Internal	Passing Juice
<a href="#">MMA Gloves</a>	Internal	Passing Juice
<a href="#">Boxing Mitts &amp; Pads</a>	Internal	Passing Juice
<a href="#">Boxing Bags</a>	Internal	Passing Juice

## In-page links

<a href="#">Speed Bags</a>	Internal	Passing Juice
<a href="#">Free Standing Equipment</a>	Internal	Passing Juice
<a href="#">Boxing Protection</a>	Internal	Passing Juice
<a href="#">Handwraps</a>	Internal	Passing Juice
<a href="#">Yoga Mats</a>	Internal	Passing Juice
<a href="#">Yoga Straps</a>	Internal	Passing Juice
<a href="#">Yoga Blocks</a>	Internal	Passing Juice
<a href="#">Pilates Mat</a>	Internal	Passing Juice
<a href="#">Yoga Accessories</a>	Internal	Passing Juice
<a href="#">Pilates Ring</a>	Internal	Passing Juice
<a href="#">Football</a>	Internal	Passing Juice
<a href="#">Tennis</a>	Internal	Passing Juice
<a href="#">Volleyball</a>	Internal	Passing Juice
<a href="#">Basketball</a>	Internal	Passing Juice
<a href="#">Badminton</a>	Internal	Passing Juice
<a href="#">Kids Games</a>	Internal	Passing Juice
<a href="#">Swimming</a>	Internal	Passing Juice
<a href="#">Cricket</a>	Internal	Passing Juice
<a href="#">Netball</a>	Internal	Passing Juice
<a href="#">Rugby</a>	Internal	Passing Juice
<a href="#">Agility Training</a>	Internal	Passing Juice
<a href="#">Handball</a>	Internal	Passing Juice
<a href="#">Throwball</a>	Internal	Passing Juice
<a href="#">Padel Tennis</a>	Internal	Passing Juice
<a href="#">Massage Chairs</a>	Internal	Passing Juice
<a href="#">Massage Devices</a>	Internal	Passing Juice
<a href="#">Massage Rollers</a>	Internal	Passing Juice
<a href="#">Massage Balls</a>	Internal	Passing Juice

## In-page links

<a href="#">Vibration Plates</a>	Internal	Passing Juice
<a href="#">Balance Pads</a>	Internal	Passing Juice
<a href="#">Balance Boards</a>	Internal	Passing Juice
<a href="#">Inversion Tables</a>	Internal	Passing Juice
<a href="#">Fitness Trampolines</a>	Internal	Passing Juice
<a href="#">Outdoor Trampolines</a>	Internal	Passing Juice
<a href="#">Twisters</a>	Internal	Passing Juice
<a href="#">Fitness Tires</a>	Internal	Passing Juice
<a href="#">Suspension Slings</a>	Internal	Passing Juice
<a href="#">Battle Ropes</a>	Internal	Passing Juice
<a href="#">Resistance Bands &amp; Tubes</a>	Internal	Passing Juice
<a href="#">Aerobic Steps</a>	Internal	Passing Juice
<a href="#">Plyo Box</a>	Internal	Passing Juice
<a href="#">Weighted Vests</a>	Internal	Passing Juice
<a href="#">Ankle and Wrist Weights</a>	Internal	Passing Juice
<a href="#">Hand Grips</a>	Internal	Passing Juice
<a href="#">Fitness Belts</a>	Internal	Passing Juice
<a href="#">Bottles &amp; Hydration</a>	Internal	Passing Juice
<a href="#">Sweatbands</a>	Internal	Passing Juice
<a href="#">Training &amp; Gym Gloves</a>	Internal	Passing Juice
<a href="#">Body Strengthener</a>	Internal	Passing Juice
<a href="#">Gym Rings</a>	Internal	Passing Juice
<a href="#">Timer</a>	Internal	Passing Juice
<a href="#">Hula Hoops</a>	Internal	Passing Juice
<a href="#">Pedometers</a>	Internal	Passing Juice
<a href="#">Wellness Support</a>	Internal	Passing Juice
<a href="#">Gym Balls</a>	Internal	Passing Juice
<a href="#">Exercise Mats and Gym Mats</a>	Internal	Passing Juice

## In-page links

<a href="#">Skipping Ropes</a>	Internal	Passing Juice
<a href="#">Door Gyms</a>	Internal	Passing Juice
<a href="#">Push Up Bars</a>	Internal	Passing Juice
<a href="#">Pull Up Bars</a>	Internal	Passing Juice
<a href="#">Sit Up Bars</a>	Internal	Passing Juice
<a href="#">CrossFit Training Turf</a>	Internal	Passing Juice
<a href="#">Interlocking Mats</a>	Internal	Passing Juice
<a href="#">Equipment Mats</a>	Internal	Passing Juice
<a href="#">About Us</a>	Internal	Passing Juice
<a href="#">Contact Us</a>	Internal	Passing Juice
<a href="#">Terms &amp; Conditions</a>	Internal	Passing Juice
<a href="#">Privacy Policy</a>	Internal	Passing Juice
<a href="#">Warranty Policy</a>	Internal	Passing Juice
<a href="#">Delivery &amp; Returns</a>	Internal	Passing Juice
<a href="#">Assault Fitness</a>	Internal	Passing Juice
<a href="#">Concept 2</a>	Internal	Passing Juice
<a href="#">NordicTrack</a>	Internal	Passing Juice
<a href="#">Proform</a>	Internal	Passing Juice
<a href="#">Murano</a>	Internal	Passing Juice
<a href="#">Livepro</a>	Internal	Passing Juice
<a href="#">Insight Fitness</a>	Internal	Passing Juice
<a href="#">Dhz Fitness</a>	Internal	Passing Juice
<a href="#">Life Fitness</a>	Internal	Passing Juice
<a href="#">Inspire Fitness</a>	Internal	Passing Juice
<a href="#">Matrix</a>	Internal	Passing Juice
<a href="#">Life Time Fitness Trading LLC</a>	Internal	Passing Juice
<a href="#">Home gym setup</a>	Internal	Passing Juice
<a href="#">Commercial gym setup</a>	Internal	Passing Juice

## In-page links

<a href="#">Summer sale</a>	Internal	Passing Juice
<a href="#">Ex-Display</a>	Internal	Passing Juice
<a href="#">New arrival</a>	Internal	Passing Juice

## SEO Keywords



## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
fitness	18	✓	✓	✗	✓
gym	9	✓	✓	✓	✗
benches	8	✗	✗	✗	✗
store	8	✓	✓	✗	✓
equipment	8	✓	✓	✓	✓



## Usability

	Url	Domain : lifetimefitnessstore.com Length : 24
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.







## Usability


### Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <ul style="list-style-type: none"><li><a href="https://lifetimefitnessstore.com/sitemap_ae.xml">https://lifetimefitnessstore.com/sitemap_ae.xml</a></li><li><a href="https://lifetimefitnessstore.com/sitemap_sa.xml">https://lifetimefitnessstore.com/sitemap_sa.xml</a></li><li><a href="https://lifetimefitnessstore.com/sitemap_om.xml">https://lifetimefitnessstore.com/sitemap_om.xml</a></li></ul>
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## Optimization

		<p>https://lifetimefitnessstore.com/sitemap_qa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_ae.xml</p> <p>https://lifetimefitnessstore.com/sitemap_sa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_om.xml</p> <p>https://lifetimefitnessstore.com/sitemap_qa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_ae.xml</p> <p>https://lifetimefitnessstore.com/sitemap_sa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_om.xml</p> <p>https://lifetimefitnessstore.com/sitemap_qa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_ae.xml</p> <p>https://lifetimefitnessstore.com/sitemap_sa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_om.xml</p> <p>https://lifetimefitnessstore.com/sitemap_qa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_ae.xml</p> <p>https://lifetimefitnessstore.com/sitemap_sa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_om.xml</p> <p>https://lifetimefitnessstore.com/sitemap_qa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_ae.xml</p> <p>https://lifetimefitnessstore.com/sitemap_sa.xml</p> <p>https://lifetimefitnessstore.com/sitemap_om.xml</p> <p>https://lifetimefitnessstore.com/sitemap_qa.xml</p>
	Robots.txt	<p>http://lifetimefitnessstore.com/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>