peeking...
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Website Analysis: jiebbs.cn

Generated on July 18 2024 09:21 AM

The score is 42/100

SEO Content

✓	Title	戒友之家-提供戒色方法，戒色文章，戒色录音，专业的戒色网站，戒色论坛,告诉你如何戒色，怎么戒色。 Length : 48 Perfect, your title contains between 10 and 70 characters.
⚠	Description	戒友之家-提供戒色方法，戒色文章，戒色录音，为各位戒友打造可视化执行方案，告诉你如何戒色，怎么戒色！ Length : 51 Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.
✓	Keywords	戒友之家,戒为良药,戒色论坛,戒色吧,戒色方法,戒色文章,怎么戒色,如何戒色,戒色网,戒色网站 Good, your page contains meta keywords.
✗	Og Meta Properties	This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.
●	Headings	H1 1 · H2 7 · H3 6 · H4 2 · H5 1 · H6 0 • [H1] • [H2] 捐助会员专区 • [H2] 官方整理 • [H2] 戒友发帖区 • [H2] 女子戒色专区 • [H2] 戒色小专题 • [H2] 戒色大神作品 • [H2] 站务处理 • [H3] 戒友之家30日戒色执行计划说明 • [H3] 官方执行计划助您30天戒除成功！ • [H3] 【戒黄必备】探索色情密码，7日断绝黄源！ • [H3] 【学习指南】戒友之家介绍和学习方向指南！ • [H3] 新书推荐，30日永久戒除手淫！ • [H3] 在线会员 - 总计 4826 人在线 - 最高记录是 5500 于 2020-9-18. • [H4] 微信扫一扫加好友 • [H4] APP客户端 • [H5] 戒友之家

SEO Content

✗	Images	We found 48 images on this web page. 6 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
✓	Text/HTML Ratio	Ratio : 34% Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
✓	Flash	Perfect, no Flash content has been detected on this page.
✓	Iframe	Great, there are no Iframes detected on this page.

SEO Links

✗	URL Rewrite	Bad. Your links have query string.
✗	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
✓	In-page links	We found a total of 126 links including 0 link(s) to files
●	Statistics	External Links : noFollow 0% External Links : Passing Juice 4.76% Internal Links 95.24%

In-page links

Anchor	Type	Juice
首页	Internal	Passing Juice
走向光明	Internal	Passing Juice
光明人生	Internal	Passing Juice
戒为良药	Internal	Passing Juice
戒色录音	Internal	Passing Juice

In-page links

戒色求助	Internal	Passing Juice
戒色指南	Internal	Passing Juice
APP下载	Internal	Passing Juice
立即注册	Internal	Passing Juice
登录	External	Passing Juice
收藏本站	Internal	Passing Juice
破戒	Internal	Passing Juice
方法	Internal	Passing Juice
恢复	Internal	Passing Juice
养生	Internal	Passing Juice
意淫	Internal	Passing Juice
计划	Internal	Passing Juice
30日戒色	Internal	Passing Juice
终极版	Internal	Passing Juice
基础版	Internal	Passing Juice
DeonWalls7	Internal	Passing Juice
最新回复	Internal	Passing Juice
新书推荐，30日永久戒除手淫!	External	Passing Juice
最新帖子	External	Passing Juice
[这书能让你戒色(终极版)]	Internal	Passing Juice
第3章 制伏痛苦的关键是敞开心灵/录音	Internal	Passing Juice
[这书能让你戒色(基础版)]	Internal	Passing Juice
第3章 手淫究竟有什么用？ -录音	Internal	Passing Juice
[7日断绝黄源（独家整理）]	Internal	Passing Juice
第24章 真正的自由是有选择/录音	Internal	Passing Juice
[戒色求助（有问必答）]	Internal	Passing Juice
这书能让你戒色 终极版点捐助进去是错误的	Internal	Passing Juice
第38章 戒除最大益处的是什么？ /录音	Internal	Passing Juice

In-page links

[30日戒除手淫计划(推荐)]	Internal	Passing Juice
【实战】30日戒色计划，戒色没有那么难！（	Internal	Passing Juice
[经验分享（戒色感悟）]	Internal	Passing Juice
戒除手淫12年的不犯一次的经验	Internal	Passing Juice
第4章 色情的隐藏伤害/录音	Internal	Passing Juice
戒除的7天至21天内，每当遇到特定的场景，	Internal	Passing Juice
[走向光明（2019修订版）]	Internal	Passing Juice
从每天破戒到戒色彻底成功，戒色导师微信:	Internal	Passing Juice
[官方整理好文（好文推荐）]	Internal	Passing Juice
高考学霸得了艾滋病！转发提醒所有即将踏入	Internal	Passing Juice
我手淫十几年了，试过很多方法，就是没成功	Internal	Passing Juice
破戒了，又撸了	Internal	Passing Juice
四十多岁了再看邪淫，曾经和无数年轻人一样	Internal	Passing Juice
戒色269天 | 我的绝佳戒色方法毫无保留分享	Internal	Passing Juice
师兄们，有没有关恋物癖的文章或者录音，戒	Internal	Passing Juice
[官方公告]	Internal	Passing Juice
[女子戒色经验]	Internal	Passing Juice
时刻提醒，终生受益	Internal	Passing Juice
这个软件在哪里下载	Internal	Passing Juice
-	Internal	Passing Juice
各位戒友们，我想问问刚开始如何去戒，本人	Internal	Passing Juice
各位戒友们，求你们推荐几本戒邪淫书籍	Internal	Passing Juice
捐助会员专区	Internal	Passing Juice
【实战】30日戒色计划，戒色没有...	Internal	Passing Juice
第3章 制伏痛苦的关键是敞开心灵...	Internal	Passing Juice
一定要坚持	Internal	Passing Juice
第24章 真正的自由是有选择/录音...	Internal	Passing Juice
用心理学戒色瘾	Internal	Passing Juice

In-page links

02 原因探究：沉迷的背后，困扰 ...	Internal	Passing Juice
hodeoo	Internal	Passing Juice
官方整理	Internal	Passing Juice
第3章 手淫究竟有什么用？-录音 ...	Internal	Passing Juice
常见问题解答(官方整理)	Internal	Passing Juice
意淫来的时候总是控制不住怎么办 ...	Internal	Passing Juice
戒友_6fZ97RvC	Internal	Passing Juice
戒色269天 | 我的绝佳戒色方法毫 ...	Internal	Passing Juice
戒色恢复指南（养生恢复）	Internal	Passing Juice
kfcc对戒邪淫手淫病患的建议及养 ...	Internal	Passing Juice
kfcc	Internal	Passing Juice
戒色录音整理（在线收听）	Internal	Passing Juice
戒色恢复指南-综合篇	Internal	Passing Juice
戒友发帖区	Internal	Passing Juice
这书能让你戒色 终极版点捐助进 ...	Internal	Passing Juice
佳濠胜利啦	Internal	Passing Juice
戒除手淫12年的不犯一次的经验 ...	Internal	Passing Juice
senk	Internal	Passing Juice
戒色理论（戒色剖析）	Internal	Passing Juice
不净观和白骨观是一个看破戒色的 ...	Internal	Passing Juice
叶子	Internal	Passing Juice
资料下载（戒色书籍）	Internal	Passing Juice
《这书能让你戒色-终极版》TXT/W ...	Internal	Passing Juice
新手村	Internal	Passing Juice
女子戒色专区	Internal	Passing Juice
佛学戒色专题	Internal	Passing Juice
新年最大福利|神奇的戒邪淫圣号 ...	Internal	Passing Juice
山东大李逵	Internal	Passing Juice

In-page links

女子邪淫忏悔	Internal	Passing Juice
40岁了还找不到女朋友：邪淫的忏 ...	Internal	Passing Juice
jies	Internal	Passing Juice
毒害甚深！务必请远离一切色情视 ...	Internal	Passing Juice
揽星河入梦	Internal	Passing Juice
戒色小专题	Internal	Passing Juice
戒色误区纠正	Internal	Passing Juice
内向好还是外向好?	Internal	Passing Juice
幸福使者	Internal	Passing Juice
小戒色大智慧	Internal	Passing Juice
戒意淫	Internal	Passing Juice
于新	Internal	Passing Juice
手淫症状分析	Internal	Passing Juice
戒色做个精神的小伙子	Internal	Passing Juice
在生活中持戒	Internal	Passing Juice
几部素食方面影片	Internal	Passing Juice
长和	Internal	Passing Juice
戒色大神作品	Internal	Passing Juice
戒为良药(飞翔代表作)	Internal	Passing Juice
【卷首篇】我的戒色经验谈 ...	Internal	Passing Juice
巅峰意志	Internal	Passing Juice
《走向光明》2019版终审版简介 ...	Internal	Passing Juice
LeonoraBro	Internal	Passing Juice
光明人生手册（2.0版）	Internal	Passing Juice
光明人生手册2.0-前言	Internal	Passing Juice
站务处理	Internal	Passing Juice
投诉建议	Internal	Passing Juice
1	Internal	Passing Juice

In-page links

戒友之家APP发布，请及时下载，...	Internal	Passing Juice
戒友之家	Internal	Passing Juice
Jiebbs.cn	Internal	Passing Juice
ICP备案号:浙ICP备2022009785号	External	Passing Juice
微信密码	Internal	Passing Juice
网站地图	Internal	Passing Juice
浙公网安备 33018302001512号	External	Passing Juice
发表新帖	Internal	Passing Juice
客服	External	Passing Juice

SEO Keywords

●	Keywords Cloud	投诉建议立即注册戒为良药飞翔代表作 戒友之家-提供戒色方法戒色文章戒色录音专业的戒色网站戒色论坛告诉你如何戒色怎么戒色 第3章光明人生手册20-前言戒友6fz97rvc hodeoo 前天 2015 站务处理

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
hodeoo	5	✖	✖	✖	✖
立即注册	2	✖	✖	✖	✖
戒友6fz97rvc	2	✖	✖	✖	✖
前天 2015	2	✖	✖	✖	✖
第3章	2	✖	✖	✖	✖

Usability

●	Url	Domain : jiebbs.cn Length : 9
	Favicon	Great, your website has a favicon.

Usability

✓		
✗	Printability	We could not find a Print-Friendly CSS.
✗	Language	You have not specified the language. Use this free meta tags generator to declare the intended language of your website.
✗	Dublin Core	This page does not take advantage of Dublin Core.

Document

<table>
<tr><td>✓</td><td>Doctype</td><td>HTML 5</td></tr>
<tr><td>✓</td><td>Encoding</td><td>Perfect. Your declared charset is UTF-8.</td></tr>
<tr><td>✗</td><td>W3C Validity</td><td>Errors : 0
Warnings : 0</td></tr>
<tr><td>✓</td><td>Email Privacy</td><td>Great no email address has been found in plain text!</td></tr>
<tr><td>✗</td><td>Deprecated HTML</td><td><table><tr><th>Deprecated tags</th><th>Occurrences</th></tr><tr><td><font></td><td>6</td></tr></table>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</td></tr>
<tr><td>●</td><td>Speed Tips</td><td><table><tr><td>✗</td><td>Attention! Try to avoid nested tables in HTML.</td></tr><tr><td>✗</td><td>Too bad, your website is using inline styles.</td></tr><tr><td>✓</td><td>Great, your website has few CSS files.</td></tr><tr><td>✗</td><td>Too bad, your website has too many JS files (more than 6).</td></tr><tr><td>✗</td><td>Too bad, your website does not take advantage of gzip.</td></tr></table></td></tr>
</table>

Mobile

●	Mobile Optimization	✗ Apple Icon ✓ Meta Viewport Tag ✓ Flash content

Optimization

✓	XML Sitemap	Great, your website has an XML sitemap. http://jiebbs.cn/sitemap.xml
✓	Robots.txt	http://jiebbs.cn/robots.txt Great, your website has a robots.txt file.
✗	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.