



# Website Analysis: fitspresso.bodyfitnt.ca

Generated on July 17 2024 15:25 PM





The score is 67/100







## SEO Content

	<p>Title</p>	<p>FitSpesso Canada - Official Website   Natural Weight Loss</p> <p>Length : 58</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>FitSpesso is a Canada plant-based product designed to enhance metabolism, promote fat burning, and improve overall health. Explore its benefits, ingredients, customer reviews.</p> <p>Length : 176</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	<p>Keywords</p>	<p>FitSpesso, FitSpesso official, FitSpesso official website, FitSpesso reviews, FitSpesso supplement , fitspresso Canada.</p> <p>Good, your page contains meta keywords.</p>												
	<p>Og Meta Properties</p>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1379 1481 1630"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>image</td> <td>assets/images/index-meta.webp</td> </tr> <tr> <td>type</td> <td>website</td> </tr> </tbody> </table>	Property	Content	image	assets/images/index-meta.webp	type	website						
Property	Content													
image	assets/images/index-meta.webp													
type	website													
	<p>Headings</p>	<table border="1" data-bbox="544 1659 1481 1731"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>0</td> <td>12</td> <td>6</td> <td>0</td> <td>5</td> </tr> </tbody> </table> <ul data-bbox="616 1765 1490 2063" style="list-style-type: none"> <li>• [H1] FitSpesso Official Website Canada</li> <li>• [H3] FitSpesso™ for just \$39 per bottle! Act fast – this limited-time offer won't last long.</li> <li>• [H3] Why Should Choose FitSpesso?</li> <li>• [H3] FitSpesso Reviews</li> <li>• [H3] How Does the FitSpesso Work?</li> <li>• [H3] Order 6 Bottles Or 3 Bottles And Get 2 Free Bonuses!</li> <li>• [H3] Limited Time Special Pricing - Act Now!</li> <li>• [H3] FitSpesso Ingredients</li> </ul>	H1	H2	H3	H4	H5	H6	1	0	12	6	0	5
H1	H2	H3	H4	H5	H6									
1	0	12	6	0	5									

## SEO Content

		<ul style="list-style-type: none"> <li>• [H3] Benefits of FitSpresso</li> <li>• [H3] 60-day Money-Back Guarantee</li> <li>• [H3] Limited Time Special Pricing - Act Now!</li> <li>• [H3] Frequently Asked Questions FitSpresso</li> <li>• [H3] Order Your Discounted FitSpresso Bottle Now!</li> <li>• [H4] Secure Your Reserved FitSpresso While Stocks Last</li> <li>• [H4] Secure Your Reserved FitSpresso While Stocks Last</li> <li>• [H4] 1. How does FitSpresso support weight loss?</li> <li>• [H4] 2. Are there any side effects of FitSpresso?</li> <li>• [H4] 3. What is the recommended dosage of FitSpresso?</li> <li>• [H4] 4. How soon can I expect results with FitSpresso?</li> <li>• [H6] Verified Purchase <input type="checkbox"/></li> <li>• [H6] Verified Purchase <input type="checkbox"/></li> <li>• [H6] Verified Purchase <input type="checkbox"/></li> <li>• [H6] Bonus 1: - The Truth About Fat Loss</li> <li>• [H6] Bonus 2: - Delicious Desserts</li> </ul>
	Images	<p>We found 15 images on this web page.</p> <p>Good, most or all of your images have alt attributes</p>
	Text/HTML Ratio	<p>Ratio : 52%</p> <p>Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

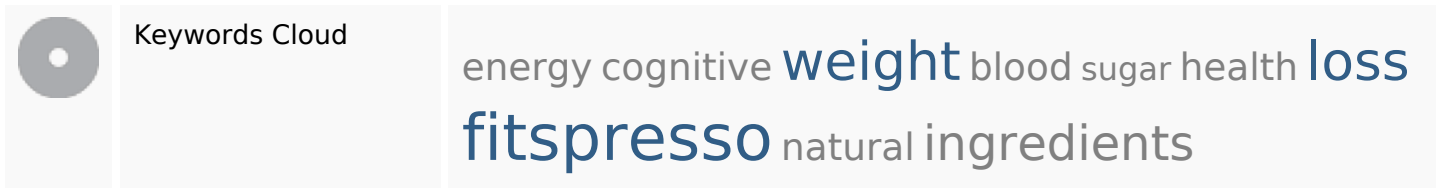
## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 8 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 12.5%</p> <p>Internal Links 87.5%</p>

## In-page links

Anchor	Type	Juice
<a href="#">FitSpresso</a>	Internal	Passing Juice
<a href="#">About&amp;nbsp;:</a>	Internal	Passing Juice
<a href="#">Ingredients</a>	Internal	Passing Juice
<a href="#">FAQ</a>	Internal	Passing Juice
<a href="#">GET YOUR BOTTLE TODAY</a>	External	Passing Juice
<a href="#">PRIVACY POLICY</a>	Internal	Passing Juice
<a href="#">DISCLAIMER</a>	Internal	Passing Juice
<a href="#">TERMS</a>	Internal	Passing Juice


## SEO Keywords







## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
fitspresso	55	✓	✓	✓	✓
weight	41	✓	✗	✗	✓
loss	37	✓	✗	✗	✓
ingredients	22	✗	✗	✓	✓
natural	21	✓	✗	✗	✗












## Usability

	Url	Domain : fitspresso.bodyfitnt.ca Length : 23
	Favicon	Great, your website has a favicon.

## Usability

		
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is EN.
	Dublin Core	This page does not take advantage of Dublin Core.




## Document

	Doctype	HTML 5				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td>&lt;s&gt;</td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<s>	1
Deprecated tags	Occurrences					
<s>	1					
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Perfect, your website has few JavaScript files.</li><li> Too bad, your website does not take advantage of gzip.</li></ul>				

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <pre>http://fitspresso.bodyfitnt.ca/sitemap.xml</pre>
	Robots.txt	<pre>http://fitspresso.bodyfitnt.ca/robots.txt</pre> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>