

### SEO Content

	Title	Top Supplements for Cortisol and Weight Loss			
		Length : 44			
		Perfect, your title contains between 10 and 70 characters.			
$\bigcirc$	Description	Discover effective supplements to lower cortisol and reduce belly fat for a healthier lifestyle.			
		Length : 96			
		Great, your meta description contains between 70 and 160 characters.			
	Keywords	Very bad. We haven't found meta keywords on your page. Use <u>this free</u> <u>online meta tags generator</u> to create keywords.			
	Og Meta Properties	Good, your page take advantage of Og Properties.			
		Property Content			
		title Top Supplements for Cortisol and Weight Loss			
		description Discover effective supplements to lower cortisol and reduce belly fat for a healthier lifestyle.			
	Headings	H1 H2 H3 H4 H5 H6 1 1 0 0 0 0			
		<ul> <li>[H1] The best cortisol supplements for weight loss and removing belly fat</li> <li>[H2] Best supplements for cortisol and weight loss</li> </ul>			
	Images We found 4 images on this web page.				
		Good, most or all of your images have alt attributes			
$\bigotimes$	Text/HTML Ratio	Ratio : 1%			

## SEO Content

		This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
$\bigcirc$	Flash	Perfect, no Flash content has been detected on this page.
$\bigcirc$	Iframe	Great, there are no lframes detected on this page.

## SEO Links

0	URL Rewrite	Good. Your links looks friendly!
0	Underscores in the URLs	Perfect! No underscores detected in your URLs.
0	In-page links	We found a total of 7 links including 0 link(s) to files
0	Statistics	External Links : noFollow 0% External Links : Passing Juice 14.29% Internal Links 85.71%

## In-page links

Anchor	Туре	Juice
Start for free	External	Passing Juice
Best supplements for cortisol and weight loss	Internal	Passing Juice
Home	Internal	Passing Juice
About	Internal	Passing Juice
Products	Internal	Passing Juice
Contact	Internal	Passing Juice
Best supplements for cortisol and weight loss	Internal	Passing Juice

#### SEO Keywords

Keywords Cloud

# control loss **Cortisol** website **weight** balance **supplements** best adrenal **stress**

#### Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
cortisol	7	×	×	×	×
weight	6	×	×	×	<b>*</b>
supplements	5	×	×	×	×
stress	3	×	×	×	×
loss	3	×	×	×	×

#### Usability

0	Url	Domain : best-supplements-for-cortisol-and-weight-loss.b12sites.com Length : 58
	Favicon	Very bad. We have not found shortcut icon. Icons are one of easy ways to attract regular visitors to your website more often.
8	Printability	We could not find a Print-Friendly CSS.
0	Language	Good. Your declared language is en.
$\bigotimes$	Dublin Core	This page does not take advantage of Dublin Core.

#### Document

$\bigcirc$	Doctype	HTML 5
0	Encoding	Perfect. Your declared charset is UTF-8.

#### Document

8	W3C Validity	Errors : 117 Warnings : 8		
$\bigotimes$	Email Privacy	Warning! At least one email address has been found in the plain text. Use <u>free antispam protector</u> to hide email from spammers.		
$\bigcirc$	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.		
0	Speed Tips	<ul> <li>Excellent, your website doesn't use nested tables.</li> <li>Too bad, your website is using inline styles.</li> <li>Great, your website has few CSS files.</li> <li>Perfect, your website has few JavaScript files.</li> <li>Too bad, your website does not take advantage of gzip.</li> </ul>		

## Mobile

lacksquare	Mobile Optimization	×	Apple Icon
		~	Meta Viewport Tag
		*	Flash content

## Optimization

0	XML Sitemap	Great, your website has an XML sitemap.
		https://best-supplements-for-cortisol-and-weight- loss.b12sites.com/sitemap.xml
0	Robots.txt	http://best-supplements-for-cortisol-and-weight- loss.b12sites.com/robots.txt Great, your website has a robots.txt file.
8	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.

## Optimization