



# Website Analysis: ahaphysicianforum.org

Generated on July 21 2024 09:27 AM






The score is 39/100







## SEO Content

	<b>Title</b>	<p>American Hospital Association's Physician Leadership Forum</p> <p>Length : 63</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<b>Description</b>	<p>The Alliance connects quality improvement and population health work across the AHA, giving members access to a high-value care learning collaborative, participation in the new AHA Value Initiative and opportunities for the physician voice to help shape AHA policy development.</p> <p>Length : 277</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	<b>Keywords</b>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>												
	<b>Og Meta Properties</b>	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="542 1411 1481 2078"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>locale</td> <td>en_US</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>title</td> <td>American Hospital Association's Physician Leadership Forum</td> </tr> <tr> <td>description</td> <td>The Alliance connects quality improvement and population health work across the AHA, giving members access to a high-value care learning collaborative, participation in the new AHA Value Initiative and opportunities for the physician voice to help shape AHA policy development.</td> </tr> <tr> <td>url</td> <td>https://www.ahaphysicianforum.org/</td> </tr> </tbody> </table>	Property	Content	locale	en_US	type	website	title	American Hospital Association's Physician Leadership Forum	description	The Alliance connects quality improvement and population health work across the AHA, giving members access to a high-value care learning collaborative, participation in the new AHA Value Initiative and opportunities for the physician voice to help shape AHA policy development.	url	https://www.ahaphysicianforum.org/
Property	Content													
locale	en_US													
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## SEO Content

		<p>site_name American Hospital Association's Physician Leadership Forum</p> <p>image <a href="https://www.ahaphysicianforum.org/wp-content/uploads/2023/07/leadership_graphic.png">https://www.ahaphysicianforum.org/wp-content/uploads/2023/07/leadership_graphic.png</a></p>												
	Headings	<table border="1"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>4</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>• [H1] American Hospital Association's Physician Leadership Forum</li> <li>• [H2] Lead Well</li> <li>• [H2] Be Well</li> <li>• [H2] Care Well</li> <li>• [H2] Our most popular topics on ahaphysicianforum.org</li> </ul>	H1	H2	H3	H4	H5	H6	1	4	0	0	0	0
H1	H2	H3	H4	H5	H6									
1	4	0	0	0	0									
	Images	<p>We found 7 images on this web page.</p> <p>7 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>												
	Text/HTML Ratio	<p>Ratio : 9%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>												
	Flash	Perfect, no Flash content has been detected on this page.												
	Iframe	Great, there are no Iframes detected on this page.												

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 194 links including 3 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0%</p> <p>Internal Links 100%</p>

## In-page links

Anchor	Type	Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Appropriate Use of Medical Resources</a>	Internal	Passing Juice
<a href="#">Achieving Hormonal Balance</a>	Internal	Passing Juice
<a href="#">Balancing Hormones for Weight Loss</a>	Internal	Passing Juice
<a href="#">Balancing Work and Healthy Living</a>	Internal	Passing Juice
<a href="#">Benefits of Barre Workouts in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Circuit Training</a>	Internal	Passing Juice
<a href="#">Benefits of Dance Fitness in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Group Fitness Classes</a>	Internal	Passing Juice
<a href="#">Benefits of Herbal Supplements</a>	Internal	Passing Juice
<a href="#">Benefits of Kickboxing in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Meditation in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Omega-3 Fatty Acids in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Outdoor Activities in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Pilates in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Plant-Based Diets</a>	Internal	Passing Juice
<a href="#">Benefits of Resistance Training</a>	Internal	Passing Juice
<a href="#">Benefits of Strength Training for Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Swimming in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Tai Chi in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Water Aerobics in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Yoga in Weight Loss</a>	Internal	Passing Juice
<a href="#">Boosting Testosterone Naturally</a>	Internal	Passing Juice
<a href="#">Exercise Routine for Weight Loss</a>	Internal	Passing Juice
<a href="#">Building healthy Habits for Children</a>	Internal	Passing Juice
<a href="#">Connection between Diabetes and Weight</a>	Internal	Passing Juice

## In-page links

<a href="#">Connection between Food Sensitivities and Weight</a>	Internal	Passing Juice
<a href="#">Connection between Gut Microbiota and Weight</a>	Internal	Passing Juice
<a href="#">Connection between Insulin Resistance and Weight Gain</a>	Internal	Passing Juice
<a href="#">Connection between Menopause and Weight Gain</a>	Internal	Passing Juice
<a href="#">Connection between Mental Health and Weight Loss</a>	Internal	Passing Juice
<a href="#">Connection between Polycystic Ovary Syndrome and Weight</a>	Internal	Passing Juice
<a href="#">Connection between Thyroid Health and Weight</a>	Internal	Passing Juice
<a href="#">Dietary Approaches to Reduce Inflammation</a>	Internal	Passing Juice
<a href="#">Dining Out while Maintaining Weight Loss Goals</a>	Internal	Passing Juice
<a href="#">Exploring High-Intensity Interval Training for Weight Loss</a>	Internal	Passing Juice
<a href="#">Exploring Intermittent Fasting</a>	Internal	Passing Juice
<a href="#">Exploring Dietary Supplements</a>	Internal	Passing Juice
<a href="#">Exploring Mediterranean Diets for Weight Loss</a>	Internal	Passing Juice
<a href="#">Exploring Mindful Eating</a>	Internal	Passing Juice
<a href="#">Guide to Healthy Snacking for Weight Loss</a>	Internal	Passing Juice
<a href="#">Guide to Preventing Childhood Obesity</a>	Internal	Passing Juice
<a href="#">Healthy Aging Tips for Maintaining Weight and Wellness</a>	Internal	Passing Juice
<a href="#">Healthy Breakfasts for Weight Management</a>	Internal	Passing Juice
<a href="#">Healthy Cooking for Weight Management</a>	Internal	Passing Juice
<a href="#">Healthy Cooking Techniques</a>	Internal	Passing Juice
<a href="#">Healthy Eating Habits</a>	Internal	Passing Juice
<a href="#">Healthy Food Swaps</a>	Internal	Passing Juice
<a href="#">Long-Term Weight Loss</a>	Internal	Passing Juice
<a href="#">Healthy Heart</a>	Internal	Passing Juice
<a href="#">Healthy Meal Prepping for Weight Loss</a>	Internal	Passing Juice
<a href="#">Healthy Office Snacking</a>	Internal	Passing Juice
<a href="#">Healthy Pregnancy</a>	Internal	Passing Juice
<a href="#">Healthy School Lunches</a>	Internal	Passing Juice

## In-page links

<a href="#">Healthy Snacking for Kids</a>	Internal	Passing Juice
<a href="#">Healthy Weight Gain</a>	Internal	Passing Juice
<a href="#">Healthy Weight Loss for Brides-to-Be</a>	Internal	Passing Juice
<a href="#">Healthy Weight Loss for Children</a>	Internal	Passing Juice
<a href="#">Healthy Weight Loss for Seniors</a>	Internal	Passing Juice
<a href="#">Healthy Weight Management after Pregnancy</a>	Internal	Passing Juice
<a href="#">Healthy Weight Management during Breastfeeding</a>	Internal	Passing Juice
<a href="#">Healthy Weight Management during Menstruation</a>	Internal	Passing Juice
<a href="#">Hydration and Weight Loss</a>	Internal	Passing Juice
<a href="#">Impact of Chronic Inflammation on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Chronic Pain on Weight Management</a>	Internal	Passing Juice
<a href="#">Impact of Environmental Factors on Weight Management</a>	Internal	Passing Juice
<a href="#">Impact of Environmental Toxins on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Hormonal Birth Control on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Hormonal Imbalance on Men's Weight</a>	Internal	Passing Juice
<a href="#">Impact of Medications on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Social Media on Body Image and Weight Perception</a>	Internal	Passing Juice
<a href="#">Importance of Balanced Nutrition</a>	Internal	Passing Juice
<a href="#">Importance of Portion Control in Weight Management</a>	Internal	Passing Juice
<a href="#">Link Between Hormones and Cravings</a>	Internal	Passing Juice
<a href="#">Link Between Stress and Weight Gain</a>	Internal	Passing Juice
<a href="#">Low-Carb Diets for Weight Loss</a>	Internal	Passing Juice
<a href="#">Maintaining a Healthy Gut</a>	Internal	Passing Juice
<a href="#">Maintaining Weight Loss</a>	Internal	Passing Juice
<a href="#">Managing Emotional Eating</a>	Internal	Passing Juice
<a href="#">Managing Food Cravings</a>	Internal	Passing Juice
<a href="#">Mindful Eating at Restaurants</a>	Internal	Passing Juice
<a href="#">Mindful Eating during the Holidays</a>	Internal	Passing Juice

## In-page links

<a href="#">Mindful Grocery Shopping</a>	Internal	Passing Juice
<a href="#">Mindful Movement Physical Activity for Weight Loss</a>	Internal	Passing Juice
<a href="#">Navigating Social Events while Managing Weight</a>	Internal	Passing Juice
<a href="#">Nutritional Counseling</a>	Internal	Passing Juice
<a href="#">Nutritional Support during Illness</a>	Internal	Passing Juice
<a href="#">Power of Mindful Eating</a>	Internal	Passing Juice
<a href="#">Power of Support Groups in Weight Management</a>	Internal	Passing Juice
<a href="#">Preventing Chronic Diseases Guide to a Healthy Lifestyle</a>	Internal	Passing Juice
<a href="#">Preventing Weight Regain</a>	Internal	Passing Juice
<a href="#">Role of Allergies in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Fiber in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Genetics in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Hormonal Imbalance in Womens Weight</a>	Internal	Passing Juice
<a href="#">Role of Metabolism in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Mind-Body Practices in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Mindset in Successful Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Nutrition in Weight Loss</a>	Internal	Passing Juice
<a href="#">Role of Probiotics in Gut Health</a>	Internal	Passing Juice
<a href="#">Role of Vitamin D in Weight Loss</a>	Internal	Passing Juice
<a href="#">Safe and Effective Weight Loss Programs</a>	Internal	Passing Juice
<a href="#">The Role of Physical Activity</a>	Internal	Passing Juice
<a href="#">Science of Metabolic Syndrome</a>	Internal	Passing Juice
<a href="#">Science of Metabolism</a>	Internal	Passing Juice
<a href="#">The Importance of Sleep in Weight Management</a>	Internal	Passing Juice
<a href="#">The Science of Weight Loss</a>	Internal	Passing Juice
<a href="#">Understanding Calorie Counting</a>	Internal	Passing Juice
<a href="#">Understanding Detoxification A Guide</a>	Internal	Passing Juice
<a href="#">Understanding Food Labels for Weight Loss</a>	Internal	Passing Juice

## In-page links

<a href="#">Understanding Macronutrients</a>	Internal	Passing Juice
<a href="#">Understanding the Impact of Sugar on Weight Gain</a>	Internal	Passing Juice
<a href="#">Understanding the Role of Exercise in Weight Loss</a>	Internal	Passing Juice
<a href="#">Leadership Forum on Weight Loss</a>	Internal	Passing Juice
<a href="#">Weight Loss for Busy Professionals</a>	Internal	Passing Juice
<a href="#">Weight Loss for Men</a>	Internal	Passing Juice
<a href="#">Weight Loss for Women</a>	Internal	Passing Juice
<a href="#">Weight Loss Myths Debunked</a>	Internal	Passing Juice
<a href="#">Weight Loss Plateaus</a>	Internal	Passing Juice
<a href="#">Healthy Traveling</a>	Internal	Passing Juice
<a href="#">B Extra Pills UK</a>	Internal	Passing Juice
<a href="#">Best NMN Supplement</a>	Internal	Passing Juice
<a href="#">Neo Drops Avis</a>	Internal	Passing Juice
<a href="#">Best Testosterone Booster for Men</a>	Internal	Passing Juice
<a href="#">Hepaliv Avis</a>	Internal	Passing Juice
<a href="#">Shape Capsules Avis</a>	Internal	Passing Juice
<a href="#">Best Blood Sugar Supplements</a>	Internal	Passing Juice
<a href="#">Best OTC Phentermine Alternatives</a>	Internal	Passing Juice
<a href="#">Best Adderall Alternatives</a>	Internal	Passing Juice
<a href="#">Neo Drops Ervaringen</a>	Internal	Passing Juice
<a href="#">Shape Capsules Ervaringen</a>	Internal	Passing Juice
<a href="#">Best Online TRT Clinics</a>	Internal	Passing Juice
<a href="#">Fountain TRT</a>	Internal	Passing Juice
<a href="#">BioXtrim UK</a>	Internal	Passing Juice
<a href="#">Genuine Purity NMN</a>	Internal	Passing Juice
<a href="#">BioXtrim Gummies Ervaringen</a>	Internal	Passing Juice
<a href="#">Best OTC Weight Loss Pills</a>	Internal	Passing Juice
<a href="#">Health</a>	Internal	Passing Juice

## In-page links

<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Leadership Development resources</a>	Internal	Passing Juice
<a href="#">AHA-AMGA Learning Collaborative: Better Care Integration In an Era of Uncertainty</a>	Internal	Passing Juice
<a href="#">The Field in Action: Resilience</a>	Internal	Passing Juice
<a href="#">Beyond Resilience: Making a Difference When it Matters Most &amp;#8211; Webinar</a>	Internal	Passing Juice
<a href="#">Regulatory Overload: Assessing the Regulatory Burden on Health Systems, Hospitals and post-acute Care Providers</a>	Internal	Passing Juice
<a href="#">Appropriate Use of Medical Resources</a>	Internal	Passing Juice
<a href="#">Improving Care for Hospitalized Adults with Substance Use Disorder webinar</a>	Internal	Passing Juice
<a href="#">Ketoxplode</a>	Internal	Passing Juice
<a href="#">Body+ Kapseln</a>	Internal	Passing Juice
<a href="#">Biovolen Honigsalbe</a>	Internal	Passing Juice
<a href="#">G7 Plus Green Gummies</a>	Internal	Passing Juice
<a href="#">PHC Beauty</a>	Internal	Passing Juice
<a href="#">Rezilin</a>	Internal	Passing Juice
<a href="#">Shape Kapseln</a>	Internal	Passing Juice
<a href="#">Biovolen Kressesalbe</a>	Internal	Passing Juice
<a href="#">Biovolen Moossalbe</a>	Internal	Passing Juice
<a href="#">Greeny Slim</a>	Internal	Passing Juice
<a href="#">Liver Ignite</a>	Internal	Passing Juice
<a href="#">CBD Gummies for Men</a>	Internal	Passing Juice
<a href="#">Keto Diet</a>	Internal	Passing Juice
<a href="#">Nutra Digest</a>	Internal	Passing Juice
<a href="#">Refigura</a>	Internal	Passing Juice
<a href="#">Slimysol Kapseln</a>	Internal	Passing Juice
<a href="#">Entgiftungspflaster</a>	Internal	Passing Juice
<a href="#">Viaciaxx</a>	Internal	Passing Juice



## In-page links

<a href="#">Cortexi</a>	Internal	Passing Juice
<a href="#">Viscerex</a>	Internal	Passing Juice
<a href="#">Nemanex</a>	Internal	Passing Juice
<a href="#">Yummy Slim Gummies</a>	Internal	Passing Juice
<a href="#">Green Gummies</a>	Internal	Passing Juice
<a href="#">Abnehmtropfen</a>	Internal	Passing Juice
<a href="#">Ketoxboom Fruchtgummis</a>	Internal	Passing Juice
<a href="#">Keto-XP</a>	Internal	Passing Juice
<a href="#">Neo Drops</a>	Internal	Passing Juice
<a href="#">Nuubu</a>	Internal	Passing Juice
<a href="#">Glow25</a>	Internal	Passing Juice
<a href="#">Hondrostrong</a>	Internal	Passing Juice
<a href="#">Vitalrin</a>	Internal	Passing Juice
<a href="#">Floravia</a>	Internal	Passing Juice
<a href="#">Booster Fruchtgummi</a>	Internal	Passing Juice
<a href="#">BioXtrim Gummies</a>	Internal	Passing Juice
<a href="#">Huusk Messer</a>	Internal	Passing Juice
<a href="#">Reduslim</a>	Internal	Passing Juice
<a href="#">Biovolen Jasminsalbe</a>	Internal	Passing Juice
<a href="#">Glucoslim</a>	Internal	Passing Juice
<a href="#">Keto Base Kapseln</a>	Internal	Passing Juice
<a href="#">Biovolen Harzsalbe</a>	Internal	Passing Juice
<a href="#">Leberkur Naturhof</a>	Internal	Passing Juice
<a href="#">Cardirin</a>	Internal	Passing Juice
<a href="#">Viaciaxx Ervaringen</a>	Internal	Passing Juice
<a href="#">LeberSan Aktiv</a>	Internal	Passing Juice
<a href="#">Sitemap EN</a>	Internal	Passing Juice
<a href="#">Sitemap DE</a>	Internal	Passing Juice

## In-page links

[Contact](#)

Internal

Passing Juice

[Data Protection](#)

Internal

Passing Juice

## SEO Keywords



Keywords Cloud

management impact **weight** benefits loss role  
healthy connection between health












## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
weight	154	✘	✘	✘	✘
loss	82	✘	✘	✘	✘
healthy	50	✘	✘	✘	✘
benefits	34	✘	✘	✘	✘
management	32	✘	✘	✘	✘





## Usability

	Url	Domain : ahaphysicianforum.org Length : 21
	Favicon	Great, your website has a favicon.
	Printability	Great. We have found a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.


## Document

	Doctype	Missing doctype				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 0 Warnings : 0				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><thead><tr><th>Deprecated tags</th><th>Occurrences</th></tr></thead><tbody><tr><td>&lt;font&gt;</td><td>1</td></tr></tbody></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<font>	1
Deprecated tags	Occurrences					
<font>	1					
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Too bad, your website does not take advantage of gzip.</li></ul>				



## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <table><tbody><tr><td><a href="http://ahaphysicianforum.org/sitemap.xml">http://ahaphysicianforum.org/sitemap.xml</a></td></tr><tr><td><a href="https://www.ahaphysicianforum.org/sitemap_index.xml">https://www.ahaphysicianforum.org/sitemap_index.xml</a></td></tr></tbody></table>	<a href="http://ahaphysicianforum.org/sitemap.xml">http://ahaphysicianforum.org/sitemap.xml</a>	<a href="https://www.ahaphysicianforum.org/sitemap_index.xml">https://www.ahaphysicianforum.org/sitemap_index.xml</a>
<a href="http://ahaphysicianforum.org/sitemap.xml">http://ahaphysicianforum.org/sitemap.xml</a>				
<a href="https://www.ahaphysicianforum.org/sitemap_index.xml">https://www.ahaphysicianforum.org/sitemap_index.xml</a>				

## Optimization

	Robots.txt	<p><a href="http://ahaphysicianforum.org/robots.txt">http://ahaphysicianforum.org/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>