





# Website Analysis: ahaphysicianforum.org

Generated on August 22 2024 12:26 PM






The score is 39/100







## SEO Content

	Title	American Hospital Association's Physician Leadership Forum  Length : 63  Perfect, your title contains between 10 and 70 characters.												
	Description	The Alliance connects quality improvement and population health work across the AHA, giving members access to a high-value care learning collaborative, participation in the new AHA Value Initiative and opportunities for the physician voice to help shape AHA policy development.  Length : 277  Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.												
	Keywords	Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.												
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><tr><th>Property</th><th>Content</th></tr><tr><td>locale</td><td>en_US</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>American Hospital Association's Physician Leadership Forum</td></tr><tr><td>description</td><td>The Alliance connects quality improvement and population health work across the AHA, giving members access to a high-value care learning collaborative, participation in the new AHA Value Initiative and opportunities for the physician voice to help shape AHA policy development.</td></tr><tr><td>url</td><td>https://www.ahaphysicianforum.org/</td></tr></table>	Property	Content	locale	en_US	type	website	title	American Hospital Association's Physician Leadership Forum	description	The Alliance connects quality improvement and population health work across the AHA, giving members access to a high-value care learning collaborative, participation in the new AHA Value Initiative and opportunities for the physician voice to help shape AHA policy development.	url	https://www.ahaphysicianforum.org/
Property	Content													
locale	en_US													
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title	American Hospital Association's Physician Leadership Forum													
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url	https://www.ahaphysicianforum.org/													

## SEO Content

		<div>site_name</div> <div>American Hospital Association's Physician Leadership Forum</div> <div>image</div> <div>https://www.ahaphysicianforum.org/wp-content/uploads/2023/07/leadership_graphic.png</div>
	Headings	<div> <div>H11</div> <div>H24</div> <div>H30</div> <div>H40</div> <div>H50</div> <div>H60</div> </div> <ul style="list-style-type: none"> <li>[H1] American Hospital Association's Physician Leadership Forum</li> <li>[H2] Lead Well</li> <li>[H2] Be Well</li> <li>[H2] Care Well</li> <li>[H2] Our most popular topics on ahaphysicianforum.org</li> </ul>
	Images	<p>We found 7 images on this web page.</p> <p>7 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 9%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 194 links including 3 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0%</p> <p>Internal Links 100%</p>

## In-page links

Anchor	Type	Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Appropriate Use of Medical Resources</a>	Internal	Passing Juice
<a href="#">Achieving Hormonal Balance</a>	Internal	Passing Juice
<a href="#">Balancing Hormones for Weight Loss</a>	Internal	Passing Juice
<a href="#">Balancing Work and Healthy Living</a>	Internal	Passing Juice
<a href="#">Benefits of Barre Workouts in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Circuit Training</a>	Internal	Passing Juice
<a href="#">Benefits of Dance Fitness in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Group Fitness Classes</a>	Internal	Passing Juice
<a href="#">Benefits of Herbal Supplements</a>	Internal	Passing Juice
<a href="#">Benefits of Kickboxing in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Meditation in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Omega-3 Fatty Acids in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Outdoor Activities in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Pilates in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Plant-Based Diets</a>	Internal	Passing Juice
<a href="#">Benefits of Resistance Training</a>	Internal	Passing Juice
<a href="#">Benefits of Strength Training for Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Swimming in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Tai Chi in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Water Aerobics in Weight Loss</a>	Internal	Passing Juice
<a href="#">Benefits of Yoga in Weight Loss</a>	Internal	Passing Juice
<a href="#">Boosting Testosterone Naturally</a>	Internal	Passing Juice
<a href="#">Exercise Routine for Weight Loss</a>	Internal	Passing Juice
<a href="#">Building healthy Habits for Children</a>	Internal	Passing Juice
<a href="#">Connection between Diabetes and Weight</a>	Internal	Passing Juice

## In-page links

<a href="#">Connection between Food Sensitivities and Weight</a>	Internal	Passing Juice
<a href="#">Connection between Gut Microbiota and Weight</a>	Internal	Passing Juice
<a href="#">Connection between Insulin Resistance and Weight Gain</a>	Internal	Passing Juice
<a href="#">Connection between Menopause and Weight Gain</a>	Internal	Passing Juice
<a href="#">Connection between Mental Health and Weight Loss</a>	Internal	Passing Juice
<a href="#">Connection between Polycystic Ovary Syndrome and Weight</a>	Internal	Passing Juice
<a href="#">Connection between Thyroid Health and Weight</a>	Internal	Passing Juice
<a href="#">Dietary Approaches to Reduce Inflammation</a>	Internal	Passing Juice
<a href="#">Dining Out while Maintaining Weight Loss Goals</a>	Internal	Passing Juice
<a href="#">Exploring High-Intensity Interval Training for Weight Loss</a>	Internal	Passing Juice
<a href="#">Exploring Intermittent Fasting</a>	Internal	Passing Juice
<a href="#">Exploring Dietary Supplements</a>	Internal	Passing Juice
<a href="#">Exploring Mediterranean Diets for Weight Loss</a>	Internal	Passing Juice
<a href="#">Exploring Mindful Eating</a>	Internal	Passing Juice
<a href="#">Guide to Healthy Snacking for Weight Loss</a>	Internal	Passing Juice
<a href="#">Guide to Preventing Childhood Obesity</a>	Internal	Passing Juice
<a href="#">Healthy Aging Tips for Maintaining Weight and Wellness</a>	Internal	Passing Juice
<a href="#">Healthy Breakfasts for Weight Management</a>	Internal	Passing Juice
<a href="#">Healthy Cooking for Weight Management</a>	Internal	Passing Juice
<a href="#">Healthy Cooking Techniques</a>	Internal	Passing Juice
<a href="#">Healthy Eating Habits</a>	Internal	Passing Juice
<a href="#">Healthy Food Swaps</a>	Internal	Passing Juice
<a href="#">Long-Term Weight Loss</a>	Internal	Passing Juice
<a href="#">Healthy Heart</a>	Internal	Passing Juice
<a href="#">Healthy Meal Prepping for Weight Loss</a>	Internal	Passing Juice
<a href="#">Healthy Office Snacking</a>	Internal	Passing Juice
<a href="#">Healthy Pregnancy</a>	Internal	Passing Juice
<a href="#">Healthy School Lunches</a>	Internal	Passing Juice

## In-page links

<a href="#">Healthy Snacking for Kids</a>	Internal	Passing Juice
<a href="#">Healthy Weight Gain</a>	Internal	Passing Juice
<a href="#">Healthy Weight Loss for Brides-to-Be</a>	Internal	Passing Juice
<a href="#">Healthy Weight Loss for Children</a>	Internal	Passing Juice
<a href="#">Healthy Weight Loss for Seniors</a>	Internal	Passing Juice
<a href="#">Healthy Weight Management after Pregnancy</a>	Internal	Passing Juice
<a href="#">Healthy Weight Management during Breastfeeding</a>	Internal	Passing Juice
<a href="#">Healthy Weight Management during Menstruation</a>	Internal	Passing Juice
<a href="#">Hydration and Weight Loss</a>	Internal	Passing Juice
<a href="#">Impact of Chronic Inflammation on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Chronic Pain on Weight Management</a>	Internal	Passing Juice
<a href="#">Impact of Environmental Factors on Weight Management</a>	Internal	Passing Juice
<a href="#">Impact of Environmental Toxins on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Hormonal Birth Control on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Hormonal Imbalance on Men's Weight</a>	Internal	Passing Juice
<a href="#">Impact of Medications on Weight</a>	Internal	Passing Juice
<a href="#">Impact of Social Media on Body Image and Weight Perception</a>	Internal	Passing Juice
<a href="#">Importance of Balanced Nutrition</a>	Internal	Passing Juice
<a href="#">Importance of Portion Control in Weight Management</a>	Internal	Passing Juice
<a href="#">Link Between Hormones and Cravings</a>	Internal	Passing Juice
<a href="#">Link Between Stress and Weight Gain</a>	Internal	Passing Juice
<a href="#">Low-Carb Diets for Weight Loss</a>	Internal	Passing Juice
<a href="#">Maintaining a Healthy Gut</a>	Internal	Passing Juice
<a href="#">Maintaining Weight Loss</a>	Internal	Passing Juice
<a href="#">Managing Emotional Eating</a>	Internal	Passing Juice
<a href="#">Managing Food Cravings</a>	Internal	Passing Juice
<a href="#">Mindful Eating at Restaurants</a>	Internal	Passing Juice
<a href="#">Mindful Eating during the Holidays</a>	Internal	Passing Juice

## In-page links

<a href="#">Mindful Grocery Shopping</a>	Internal	Passing Juice
<a href="#">Mindful Movement Physical Activity for Weight Loss</a>	Internal	Passing Juice
<a href="#">Navigating Social Events while Managing Weight</a>	Internal	Passing Juice
<a href="#">Nutritional Counseling</a>	Internal	Passing Juice
<a href="#">Nutritional Support during Illness</a>	Internal	Passing Juice
<a href="#">Power of Mindful Eating</a>	Internal	Passing Juice
<a href="#">Power of Support Groups in Weight Management</a>	Internal	Passing Juice
<a href="#">Preventing Chronic Diseases Guide to a Healthy Lifestyle</a>	Internal	Passing Juice
<a href="#">Preventing Weight Regain</a>	Internal	Passing Juice
<a href="#">Role of Allergies in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Fiber in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Genetics in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Hormonal Imbalance in Womens Weight</a>	Internal	Passing Juice
<a href="#">Role of Metabolism in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Mind-Body Practices in Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Mindset in Successful Weight Management</a>	Internal	Passing Juice
<a href="#">Role of Nutrition in Weight Loss</a>	Internal	Passing Juice
<a href="#">Role of Probiotics in Gut Health</a>	Internal	Passing Juice
<a href="#">Role of Vitamin D in Weight Loss</a>	Internal	Passing Juice
<a href="#">Safe and Effective Weight Loss Programs</a>	Internal	Passing Juice
<a href="#">The Role of Physical Activity</a>	Internal	Passing Juice
<a href="#">Science of Metabolic Syndrome</a>	Internal	Passing Juice
<a href="#">Science of Metabolism</a>	Internal	Passing Juice
<a href="#">The Importance of Sleep in Weight Management</a>	Internal	Passing Juice
<a href="#">The Science of Weight Loss</a>	Internal	Passing Juice
<a href="#">Understanding Calorie Counting</a>	Internal	Passing Juice
<a href="#">Understanding Detoxification A Guide</a>	Internal	Passing Juice
<a href="#">Understanding Food Labels for Weight Loss</a>	Internal	Passing Juice

## In-page links

<a href="#">Understanding Macronutrients</a>	Internal	Passing Juice
<a href="#">Understanding the Impact of Sugar on Weight Gain</a>	Internal	Passing Juice
<a href="#">Understanding the Role of Exercise in Weight Loss</a>	Internal	Passing Juice
<a href="#">Leadership Forum on Weight Loss</a>	Internal	Passing Juice
<a href="#">Weight Loss for Busy Professionals</a>	Internal	Passing Juice
<a href="#">Weight Loss for Men</a>	Internal	Passing Juice
<a href="#">Weight Loss for Women</a>	Internal	Passing Juice
<a href="#">Weight Loss Myths Debunked</a>	Internal	Passing Juice
<a href="#">Weight Loss Plateaus</a>	Internal	Passing Juice
<a href="#">Healthy Traveling</a>	Internal	Passing Juice
<a href="#">B Extra Pills UK</a>	Internal	Passing Juice
<a href="#">Best NMN Supplement</a>	Internal	Passing Juice
<a href="#">Neo Drops Avis</a>	Internal	Passing Juice
<a href="#">Best Testosterone Booster for Men</a>	Internal	Passing Juice
<a href="#">Hepaliv Avis</a>	Internal	Passing Juice
<a href="#">Shape Capsules Avis</a>	Internal	Passing Juice
<a href="#">Best Blood Sugar Supplements</a>	Internal	Passing Juice
<a href="#">Best OTC Phentermine Alternatives</a>	Internal	Passing Juice
<a href="#">Best Adderall Alternatives</a>	Internal	Passing Juice
<a href="#">Neo Drops Ervaringen</a>	Internal	Passing Juice
<a href="#">Shape Capsules Ervaringen</a>	Internal	Passing Juice
<a href="#">Best Online TRT Clinics</a>	Internal	Passing Juice
<a href="#">Fountain TRT</a>	Internal	Passing Juice
<a href="#">BioXtrim UK</a>	Internal	Passing Juice
<a href="#">Genuine Purity NMN</a>	Internal	Passing Juice
<a href="#">BioXtrim Gummies Ervaringen</a>	Internal	Passing Juice
<a href="#">Best OTC Weight Loss Pills</a>	Internal	Passing Juice
<a href="#">Health</a>	Internal	Passing Juice

## In-page links

<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Leadership Development resources</a>	Internal	Passing Juice
<a href="#">AHA-AMGA Learning Collaborative: Better Care Integration In an Era of Uncertainty</a>	Internal	Passing Juice
<a href="#">The Field in Action: Resilience</a>	Internal	Passing Juice
<a href="#">Beyond Resilience: Making a Difference When it Matters Most &amp;#8211; Webinar</a>	Internal	Passing Juice
<a href="#">Regulatory Overload: Assessing the Regulatory Burden on Health Systems, Hospitals and post-acute Care Providers</a>	Internal	Passing Juice
<a href="#">Appropriate Use of Medical Resources</a>	Internal	Passing Juice
<a href="#">Improving Care for Hospitalized Adults with Substance Use Disorder webinar</a>	Internal	Passing Juice
<a href="#">Ketoxplode</a>	Internal	Passing Juice
<a href="#">Body+ Kapseln</a>	Internal	Passing Juice
<a href="#">Biovolen Honigsalbe</a>	Internal	Passing Juice
<a href="#">G7 Plus Green Gummies</a>	Internal	Passing Juice
<a href="#">PHC Beauty</a>	Internal	Passing Juice
<a href="#">Rezilin</a>	Internal	Passing Juice
<a href="#">Shape Kapseln</a>	Internal	Passing Juice
<a href="#">Biovolen Kressesalbe</a>	Internal	Passing Juice
<a href="#">Biovolen Moossalbe</a>	Internal	Passing Juice
<a href="#">Greeny Slim</a>	Internal	Passing Juice
<a href="#">Liver Ignite</a>	Internal	Passing Juice
<a href="#">CBD Gummies for Men</a>	Internal	Passing Juice
<a href="#">Keto Diet</a>	Internal	Passing Juice
<a href="#">Nutra Digest</a>	Internal	Passing Juice
<a href="#">Refigura</a>	Internal	Passing Juice
<a href="#">Slimysol Kapseln</a>	Internal	Passing Juice
<a href="#">Entgiftungspflaster</a>	Internal	Passing Juice
<a href="#">Viaciaxx</a>	Internal	Passing Juice



## In-page links

<a href="#">Cortexi</a>	Internal	Passing Juice
<a href="#">Viscerex</a>	Internal	Passing Juice
<a href="#">Nemanex</a>	Internal	Passing Juice
<a href="#">Yummy Slim Gummies</a>	Internal	Passing Juice
<a href="#">Green Gummies</a>	Internal	Passing Juice
<a href="#">Abnehmtropfen</a>	Internal	Passing Juice
<a href="#">Ketoxboom Fruchtgummis</a>	Internal	Passing Juice
<a href="#">Keto-XP</a>	Internal	Passing Juice
<a href="#">Neo Drops</a>	Internal	Passing Juice
<a href="#">Nuubu</a>	Internal	Passing Juice
<a href="#">Glow25</a>	Internal	Passing Juice
<a href="#">Hondrostrong</a>	Internal	Passing Juice
<a href="#">Vitalrin</a>	Internal	Passing Juice
<a href="#">Floravia</a>	Internal	Passing Juice
<a href="#">Booster Fruchtgummi</a>	Internal	Passing Juice
<a href="#">BioXtrim Gummies</a>	Internal	Passing Juice
<a href="#">Huusk Messer</a>	Internal	Passing Juice
<a href="#">Reduslim</a>	Internal	Passing Juice
<a href="#">Biovolen Jasminsalbe</a>	Internal	Passing Juice
<a href="#">Glucoslim</a>	Internal	Passing Juice
<a href="#">Keto Base Kapseln</a>	Internal	Passing Juice
<a href="#">Biovolen Harzsalbe</a>	Internal	Passing Juice
<a href="#">Leberkur Naturhof</a>	Internal	Passing Juice
<a href="#">Cardirin</a>	Internal	Passing Juice
<a href="#">Viaciaxx Ervaringen</a>	Internal	Passing Juice
<a href="#">LeberSan Aktiv</a>	Internal	Passing Juice
<a href="#">Sitemap EN</a>	Internal	Passing Juice
<a href="#">Sitemap DE</a>	Internal	Passing Juice

## In-page links

[Contact](#)

Internal

Passing Juice

[Data Protection](#)

Internal

Passing Juice

## SEO Keywords



Keywords Cloud

connection healthy benefits **weight** impact  
between role best management loss












## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
weight	154	✖	✖	✖	✖
loss	82	✖	✖	✖	✖
healthy	50	✖	✖	✖	✖
benefits	34	✖	✖	✖	✖
management	32	✖	✖	✖	✖





## Usability

	Url	Domain : ahaphysicianforum.org Length : 21
	Favicon	Great, your website has a favicon.
	Printability	Great. We have found a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.


## Document

	Doctype	Missing doctype				
	Encoding	Perfect. Your declared charset is UTF-8.				
	W3C Validity	Errors : 16 Warnings : 52				
	Email Privacy	Great no email address has been found in plain text!				
	Deprecated HTML	<table><tr><th>Deprecated tags</th><th>Occurrences</th></tr><tr><td>&lt;font&gt;</td><td>1</td></tr></table> <p>Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.</p>	Deprecated tags	Occurrences	<font>	1
Deprecated tags	Occurrences					
<font>	1					
	Speed Tips	<div> Excellent, your website doesn't use nested tables.</div> <div> Too bad, your website is using inline styles.</div> <div> Too bad, your website has too many CSS files (more than 4).</div> <div> Too bad, your website has too many JS files (more than 6).</div> <div> Too bad, your website does not take advantage of gzip.</div>				

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <p><a href="http://ahaphysicianforum.org/sitemap.xml">http://ahaphysicianforum.org/sitemap.xml</a></p> <p><a href="https://www.ahaphysicianforum.org/sitemap_index.xml">https://www.ahaphysicianforum.org/sitemap_index.xml</a></p>
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## Optimization



Robots.txt

<http://ahaphysicianforum.org/robots.txt>

Great, your website has a robots.txt file.



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.