

## Webseiten-Bericht für gouspuravive.com

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Der Wert ist 49/100

| Seitentitel              | Puravive™ - Official Website I Healthy & Natural Weight Loss  Länge: 60  Perfekt, denn Ihr Seitentitel enthält zwischen 10 und 70 Anzahl Zeichen.  |   |  |
|--------------------------|--|---|--|
| Seitenbeschreibung       | Puravive is a natural supplement for healthy weight loss. It's special because it combines eight powerful tropical ingredients, backed by research.  Länge: 147  Großartig, denn Ihre Seitenbeschreibung enthält zwischen 70 und 160 Anzahl Zeichen.     |   |  |
| Suchbegriffe             | puravive, buy puravive, puravive supplement, puravive buy, puravive official, puravive official website, puravive USA, puravive order, puravive price, puravive discount, puravive sale, puravive reviews  Gut, denn Ihre Webseite enthält Suchbegriffe. |   |  |
| Og META<br>Eigenschaften | Sehr gut, denn dies<br>Properties.   | se Webseite nutzt die Vorteile aus den Og   |  |
|                          | Eigenschaft  | Inhalt  |  |
|                          | type   | website   |  |
|                          | title  | Puravive™ - Official Website I Healthy &<br>Natural Weight Loss   |  |
|                          | site_name  | Puravive  |  |
|                          | url  | https://go-uspuravive.com/  |  |
|                          | description  | Puravive is a natural supplement for healthy weight loss. It's special because it combines eight powerful tropical ingredients, backed by research. |  |

|               | image   |  | https://go-  | uspuravive.c   | com/assets/  | images/1.jpg   |
|---------------|---|--|--|--|--|--|
| Überschriften | H1<br>1   | H2<br>18   | H3<br>8  | H4<br>26   | H5<br>17   | H6<br>23   |
|               | • [H3] • [H2] • [H3] • [H3] • [H3] • [H4] • | 1] Puravive 2] Why Ch 2] What is 2] How Do 2] Puravive 2] Puravive 2] Benefits 2] Limited 2] Puravive 2] I Don's S 2] Puravive 2] How Sa 2] BONUS 2] BONUS 2] Puravive 2] BONUS 2] Puravive 2] Puraviv | e - official Soose Puravive? Puravive? Puravive? Puravive Special Office Ingredients of Puravive Special Control Special Control Special Speci | Site vive?  e Works?  offers - Don't  offers - A  offers - | Miss Out!  Int Inct Now! Iney Back Good Cact Now! The "Buy Now Regular  19.95 Today Institute Storms  In While Stormation or Constantion or C | uarantee low" Button? E Bonuses! Price: \$59.95 : FREE nted Bottle Now ) ocks Last |

- [H4] How does Puravive work?
- [H4] Can I drink alcohol while taking Puravive?
- [H4] Do I need to exercise while taking Puravive?
- [H4] Regular Price: \$99/per bottle
- [H5] FDA Approved
- [H5] 100% Natural
- [H5] Made In USA
- [H5] GMP Certified
- [H5] Luteolin is a naturally occurring flavonoid found in plants like perilla frutescens. It is known for its potent antioxidant properties, which help protect cells from oxidative damage caused by free radicals. Luteolin supports brain health by reducing inflammation and protecting neurons from stress, which can enhance cognitive function and memory. Additionally, it supports healthy cholesterol levels by preventing the oxidation of low-density lipoprotein (LDL) cholesterol, thereby reducing the risk of plaque formation in arteries. By boosting brown adipose tissue (BAT) levels, luteolin also contributes to increased calorie burning and weight management.
- [H5] Kudzu, derived from the root of the pueraria lobata plant, is another vital ingredient in Puravive. Kudzu has been traditionally used in Chinese medicine for its wide range of health benefits. It is rich in antioxidants, which help combat oxidative stress and support overall health. Kudzu is known for its ability to boost BAT levels, thus enhancing the body's ability to burn fat. Furthermore, kudzu supports cardiovascular health by improving blood flow and reducing blood pressure. Its anti-inflammatory properties help alleviate pain and reduce the risk of chronic diseases associated with inflammation.
- [H5] Holy basil, or ocimum sanctum, is a revered herb in Ayurvedic medicine, known for its adaptogenic properties that help the body adapt to stress and promote mental balance. By boosting BAT levels, holy basil enhances metabolism and supports weight loss. It also supports brain health by reducing stress and anxiety, improving cognitive function, and protecting against age-related decline. Holy basil's anti-inflammatory and antioxidant properties contribute to overall health by reducing oxidative stress and inflammation, supporting cardiovascular health, and maintaining healthy cholesterol levels.
- [H5] White Korean ginseng, or panax ginseng, is a powerful herb known for its numerous health benefits. It supports healthy immunity by boosting the body's resistance to infections and diseases. Ginseng also helps reduce oxidative stress, which can damage cells and lead to chronic diseases. By enhancing BAT levels, white Korean ginseng promotes fat burning and energy production, aiding in weight loss and improving physical performance. Ginseng supports mental clarity and cognitive function, helping to reduce fatigue and improve focus.
- [H5] Amur cork bark, derived from the phellodendron amurense tree, is another important ingredient in Puravive. It is known for its ability to boost BAT levels, which enhances the body's ability to burn calories and lose weight. Amur cork bark also supports digestion by reducing bloating and promoting healthy gut

- function. Its anti-inflammatory properties help alleviate digestive issues and support overall gastrointestinal health. Additionally, amur cork bark supports heart and liver health by reducing inflammation and protecting against oxidative damage.
- [H5] Propolis is a resinous substance produced by bees and has been used for centuries for its medicinal properties. It is rich in over 300 antioxidants, which help combat oxidative stress and support overall health. Propolis boosts BAT levels, enhancing the body's ability to burn fat and produce energy. It also supports healthy blood sugar levels by improving insulin sensitivity and reducing the risk of diabetes. Propolis's antimicrobial properties help protect against infections and support immune health. Additionally, it supports wound healing and tissue repair, contributing to overall health and well-being.
- [H5] Quercetin is a flavonoid found in many fruits and vegetables, known for its powerful antioxidant and anti-inflammatory properties. By boosting BAT levels, quercetin enhances the body's ability to burn calories and support weight loss. It also supports healthy blood pressure by relaxing blood vessels and improving blood flow. Quercetin helps rejuvenate aging cells by reducing oxidative stress and promoting cellular repair. Its anti-inflammatory properties help reduce the risk of chronic diseases and support overall cardiovascular health. Quercetin also supports respiratory health by reducing inflammation in the airways and improving lung function.
- [H5] Oleuropein, a compound found in olive leaves, is renowned for its health benefits, particularly in supporting heart health. It boosts BAT levels, promoting fat burning and energy production, which aids in weight loss. Oleuropein supports healthy cholesterol levels by preventing the oxidation of LDL cholesterol and reducing the risk of plaque formation in arteries. Its antioxidant properties help protect cells from oxidative damage and support overall health. Additionally, oleuropein supports artery health by improving blood flow and reducing inflammation, contributing to cardiovascular health. Its antimicrobial properties also help protect against infections and support immune health.
- [H5] Jacob Anderson New York, USA
- [H5] Marjorie Brown Wyoming, USA
- [H5] Luna R. New York, USA
- [H5] Pros
- [H5] Cons
- [H6] DDDD Verified Purchase
- [H6] DDDD Verified Purchase
- [H6] DDDD Verified Purchase
- [H6] Puravive can be purchased online through the official website, as well as through various online retailers and some physical stores.
- [H6] The cost of Puravive varies depending on the retailer, package size, and any discounts or promotions available.
- [H6] Some retailers offer subscription plans that provide regular deliveries and may offer a discount compared to one-time purchases.
- [H6] Shipping options vary by retailer. Check the shipping policy to see if international shipping is available.

• [H6] Store Puravive in a cool, dry place away from direct

sunlight and moisture.

• [H6] The shelf life is typically indicated on the product packaging. Most supplements have a shelf life of about two

| Bilder Es konnten 22 Bilder auf dieser Webseite gefunden werden.  Gut, denn die meisten Ihrer Bilder verwenden das ALT-Attribut.  Text/HTML Verhältnis Anteil: 0%  Das Text zu HTML Code Verhältnis dieser Webseite ist niedriger als 15 Prozent, was bedeutet, dass Sie mehr Inhalte für Ihre Webseite schreiben sollten. |                      | <ul> <li>years.</li> <li>[H6] It is not recommended to use any supplement past its expiration date as its effectiveness and safety may be compromised.</li> <li>[H6] Yes, Puravive contains ingredients that are known to help suppress appetite, making it easier to reduce caloric intake.</li> <li>[H6] Puravive is primarily designed for weight loss rather than muscle gain. For muscle gain, consider supplements specifically formulated for that purpose.</li> <li>[H6] While Puravive can help with overall fat loss, it is not specifically targeted at belly fat. A balanced diet and regular exercise are also important.</li> <li>[H6] Effectiveness can vary based on individual factors such as diet, exercise, and metabolism. Many users report positive results when combined with a healthy lifestyle.</li> <li>[H6] Check the product label for specific information about vegetarian or vegan suitability, as this can vary by formulation.</li> <li>[H6] Consult with a healthcare professional before combining Puravive with other supplements to avoid potential interactions.</li> <li>[H6] Results vary by individual, but some users report seeing changes within a few weeks. For best results, use consistently as part of a healthy diet and exercise regimen.</li> <li>[H6] It is usually recommended to take Puravive with food to minimize the risk of digestive discomfort.</li> <li>[H6] Some users may experience side effects such as nausea, headaches, or digestive issues. These are typically mild and temporary, but anyone experiencing severe side effects should discontinue use and consult a doctor.</li> <li>[H6] Common ingredients in Puravive include green tea extract, garcinia cambogia, caffeine, glucomannan, and other natural substances known for their weight loss benefits.</li> <li>[H6] Puravive works by boosting metabolism, reducing appetite, and enhancing the body's natural fat-burning processes. It contains a blend of natural ingredients that target different aspects of weight management.</li> <li>[H6] Moderate alcohol consumption is usuall</li></ul> |
|--|----------------------|--|
| Das Text zu HTML Code Verhältnis dieser Webseite ist niedriger als 15<br>Prozent, was bedeutet, dass Sie mehr Inhalte für Ihre Webseite  | Bilder               |  |
|  | Text/HTML Verhältnis | Das Text zu HTML Code Verhältnis dieser Webseite ist niedriger als 15  |

| Flash  | Perfekt, denn es wurde kein Flash auf Ihrer Webseite gefunden.  |
|--------|---|
| IFrame | Großartig, denn Sie verwenden keine IFrames auf Ihrer Webseite. |

## SEO Links

| URL Rewrite             | Gut. Ihre Links sind für Suchmaschinen gut lesbar (sprechende Links)! |
|-------------------------|---|
| Underscores in the URLs | Perfekt! Wir haben keine Unterstriche in Ihren Links entdeckt.        |
| In-page links           | We found a total of 3 links including 0 link(s) to files              |
| Statistics              | Externe Links : noFollow 0%   |
|                         | Externe Links : natürliche Links 33.33%                               |
|                         | Interne Links 66.67%  |

# In-page links

| Anker             | Тур    | Natürlich        |
|-------------------|--------|------------------|
| <u>Puravive</u>   | extern | natürliche Links |
| How Work          | intern | natürliche Links |
| [email protected] | intern | natürliche Links |

# SEO Suchbegriffe

|--|

# Keywords Consistency

| Suchbegriff | Inhalt | Seitentitel | Suchbegrif | Seitenbesc | Überschrift |
|-------------|--------|-------------|------------|------------|-------------|
|             |        |             | fe         | hreibung   | en          |

## Benutzerfreundlichkeit

| • | URL                | Domain : go-uspuravive.com<br>Länge : 17                               |
|---|--------------------|--|
|   | Favoriten Icon     | Gut. Die Webseite hat ein Favicon.                                     |
|   | Druckeigenschaften | Es konnten keine druckfreundlichen CSS-Angaben gefunden werden.        |
|   | Sprache            | Gut, denn Sie haben in den META-Elementen eine Sprache deklariert: en. |
|   | Dublin Core        | Diese Webseite nutzt nicht die Vorteile der Dublin Core Elemente.      |

### Dokument

| <b></b>  | Doctype                                | HTML 5   |  |  |
|----------|--|--|--|--|
| <b></b>  | Verschlüsselung                        | Perfekt, denn Ihre Webseite deklariert einen Zeichensatz: UTF-8.   |  |  |
| 8        | W3C Validität                          | Fehler : 93<br>Warnungen : 32  |  |  |
|          | E-Mail Datenschutz                     | Sehr gut, denn es wurde keine E-Mail Adresse im Klartext auf Ihrer Webseite gefunden.  |  |  |
| <b>3</b> | Veraltetes HTML                        | Veraltete Tags Vorkommen   |  |  |
|          |  | <s> 1</s>  |  |  |
|          |  | Überholte (deprecated) HTML Tags sind HTML Tags, die zwar aktuell funktionieren, aber bald nicht mehr von jedem Browser unterstützt werden. Wir empfehlen Ihnen diese überholten HTML Tags durch aktuelle HTML Tags zu ersetzen. |  |  |
| 0        | Tipps zur Webseiteng<br>eschwindigkeit | Sehr gut, denn Ihre Webseite benutzt keine verschachtelten Tabellen.   |  |  |

## Dokument

| × | Schlecht, denn es wurden CSS-Angaben in HTML-Elementen entdeckt. Diese Angaben sollten in ein entsprechendes CSS-Stylesheet verlagert werden. |
|---|---|
| × | Nicht so gut, denn Ihre Webseite enthält sehr viele CSS-<br>Dateien (mehr als 4).   |
| × | Nicht so gut, denn Ihre Webseite enthält viele Javascript-<br>Dateien (mehr als 6).   |
| × | Ihre Webseite nutzt die Vorteile von gzip nicht.  |

## Mobile

| Mobile Optimierung | * Apple Icon        |
|--------------------|---------------------|
|                    | ✓ META Viewport Tag |
|                    | ✓ Flash Inhalt      |

# Optimierung

|          | XML-Sitemap | Perfekt! Ihre Seite hat eine XML-Sitemap.  |
|----------|-------------|--|
|          |             | http://go-uspuravive.com/sitemap.xml   |
|          | Robots.txt  | http://go-uspuravive.com/robots.txt  |
|          |             | Sehr gut! Ihre Webseite enthält eine robots.txt-Datei.   |
| <b>3</b> | Analytics   | Fehlt Wir haben nicht ein Analyse-Tool auf dieser Website installiert zu erkennen.   |
|          |             | Webanalyse erlaubt die Quantifizierung der Besucherinteraktionen mit<br>Ihrer Seite. Insofern sollte zumindest ein Analysetool installiert werden.<br>Um die Befunde abzusichern, empfiehlt sich das parallele Verwenden<br>eines zweiten Tools. |