








Webseite score forum.psychlinks.ca

Genereret Maj 24 2025 11:25 AM

Scoren er 49/100



SEO Indhold

	Titel	Psychlinks Psychology and Mental Health Support Forum Længde : 53 Perfekt, din titel indeholder mellem 10 og 70 bogstaver.												
	Beskrivelse	Psychlinks Længde : 10 Kan optimeres; din meta beskrivelse bør indeholde mellem 70 og 160 karakterer (med mellemrum). Brug dette gratis redskab til at regne længden ud.												
	Nøgleord	Dårligt! Vi kan ikke finde nogle meta nøgleord på din side! Brug denne gratis online meta generator for at oprette nye nøgleord.												
	Og Meta Egenskaber	<div>Godt, din side benytter Og egenskaberne</div> <table><thead><tr><th>Egenskab</th><th>Indhold</th></tr></thead><tbody><tr><td>description</td><td>Psychlinks</td></tr><tr><td>site_name</td><td>Psychlinks Forum -- Archive Only (2004-2022)</td></tr><tr><td>type</td><td>website</td></tr><tr><td>title</td><td>Psychlinks Forum -- Archive Only (2004-2022)</td></tr><tr><td>url</td><td>https://forum.psychlinks.ca/</td></tr></tbody></table>	Egenskab	Indhold	description	Psychlinks	site_name	Psychlinks Forum -- Archive Only (2004-2022)	type	website	title	Psychlinks Forum -- Archive Only (2004-2022)	url	https://forum.psychlinks.ca/
Egenskab	Indhold													
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url	https://forum.psychlinks.ca/													
	Overskrifter	<table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>1</td><td>15</td><td>68</td><td>20</td><td>0</td><td>0</td></tr></tbody></table> <ul style="list-style-type: none">• [H1] Psychlinks Forum -- Archive Only (2004-2022)• [H2] Welcome to Psychlinks Forum• [H2] Psychology, Psychiatry, Psychotherapy, and Health• [H2] Technology, The Internet, and The Media• [H2] Anxiety Disorders• [H2] Mood Disorders & Grief	H1	H2	H3	H4	H5	H6	1	15	68	20	0	0
H1	H2	H3	H4	H5	H6									
1	15	68	20	0	0									


SEO Indhold

- [H2] Eating Disorders, Dieting, Healthy Eating, Body Image
- [H2] Anger, Aggression, Abuse
- [H2] Interpersonal Relationships
- [H2] Parenting, Children, Teens
- [H2] Other Conditions, Syndromes, and Disorders
- [H2] Schizophrenia and Autism Spectrum Disorders
- [H2] Personality Disorders
- [H2] Addictions, Compulsive Behaviors, Alcohol and Drug
- [H2] Medication Issues
- [H2] The Waiting Room
- [H3] Search
- [H3] About Psychlinks
- [H3] New Members: Introductions
- [H3] General Support & Advice
- [H3] ** CRISIS RESOURCES **
- [H3] Psychology, Psychiatry, and Mental Health
- [H3] Therapy, Therapists, and Self-Help
- [H3] Medical Conditions, Health, and Mental Health
- [H3] The COVID-19 (Coronavirus) Pandemic
- [H3] Health Care, Medicare, Disability, ODSP, SSI
- [H3] Mental Health in the Workplace and on Campus
- [H3] Attitudes, Myths, Stigma, and Raising Awareness
- [H3] Mental Health Information on the Internet
- [H3] Technology, Health, and Mental Health
- [H3] Computers, Technology, and the Internet
- [H3] Anxiety, Stress, and Worrying
- [H3] Panic Disorder
- [H3] Obsessive-Compulsive Disorder :: OCD
- [H3] Post-Traumatic Stress Disorder :: PTSD
- [H3] Shyness & Social Anxiety
- [H3] Depression, Dysthymia, Seasonal Affective Disorder
- [H3] Bipolar Disorder, Cyclothymia
- [H3] Suicide
- [H3] Grief and Bereavement
- [H3] Eating Disorders
- [H3] Body Image and Body Dysmorphic Disorder
- [H3] Dieting, Nutrition, Supplements, Weight Management
- [H3] Anger & Anger Management
- [H3] Bullying, Harassment, Interpersonal Violence
- [H3] Abuse, Domestic Violence, Child Abuse
- [H3] Surviving Abuse or Dysfunctional Families
- [H3] Relationships
- [H3] Family and Friends
- [H3] Self-Esteem, Self-Concept, Relating to Others
- [H3] Pets and Pet Therapy
- [H3] Parenting
- [H3] Pregnancy, Infertility, Newborns, Toddlers
- [H3] ADHD: Attention Deficit Hyperactivity Disorder
- [H3] Learning Disabilities
- [H3] Tourette Syndrome and Tourette Syndrome Plus
- [H3] Memory and Memory Disorders
- [H3] Sleep, Dreams, Insomnia
- [H3] Self-Injury
- [H3] Dissociative Disorders
- [H3] Other Disorders
- [H3] Schizophrenia and Related Disorders





SEO Indhold

[illegible]

SEO Indhold

	iFrame	Perfekt, der er ikke nogen iFrames på din side!
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SEO Links

	URL Omskrivning	Dårligt! Dine links er ikke optimerede til SEO.
	Underscores i links	Dårligt! Vi har fundet underscores i dine links, du bør benytte bindestreg istedet for underscores for at optimere din SEO.
	On-page links	Vi fandt et total af 165 links inkluderende 79 link(s) til filer
	Statistics	Eksterne Links : noFollow 0% Eksterne Links : Sender Juice 1.82% Interne Links 98.18%

On-page links

Anker	Type	Juice
Log in	Intern	Sender Juice
Light-Dark Style Switcher	Intern	Sender Juice
alternative browser	Ekstern	Sender Juice
Welcome to Psychlinks Forum	Intern	Sender Juice
About Psychlinks	Intern	Sender Juice
Forum is Archive Only (Closed to New Posts)	Intern	Sender Juice
New Members: Introductions	Intern	Sender Juice
Not new, but newly returned.	Intern	Sender Juice
NicNak	Intern	Sender Juice
General Support & Advice	Intern	Sender Juice
Missing Words	Intern	Sender Juice
** CRISIS RESOURCES **	Intern	Sender Juice

On-page links

Crisis Text Line (US, Canada, UK)	Intern	Sender Juice
Psychology, Psychiatry, Psychotherapy, and Health	Intern	Sender Juice
Psychology, Psychiatry, and Mental Health	Intern	Sender Juice
7 Things to Thrive	Intern	Sender Juice
Therapy, Therapists, and Self-Help	Intern	Sender Juice
Coping Tip of the Day	Intern	Sender Juice
Medical Conditions, Health, and Mental Health	Intern	Sender Juice
What Those With Chronic Pain and Illness Wish Others Knew	Intern	Sender Juice
The COVID-19 (Coronavirus) Pandemic	Intern	Sender Juice
What you need to know about the bivalent booster shots	Intern	Sender Juice
David Baxter PhD	Intern	Sender Juice
Health Care, Medicare, Disability, ODSP, SSI	Intern	Sender Juice
Mental Health in the Workplace and on Campus	Intern	Sender Juice
Quotes on Work, Education, Productivity	Intern	Sender Juice
Attitudes, Myths, Stigma, and Raising Awareness	Intern	Sender Juice
Harmless Comments That Actually Hurt People With Mental Illness	Intern	Sender Juice
JenLee81	Intern	Sender Juice
Technology, The Internet, and The Media	Intern	Sender Juice
Mental Health Information on the Internet	Intern	Sender Juice
The Science of Well-Being: FREE online course at Yale University	Intern	Sender Juice
Technology, Health, and Mental Health	Intern	Sender Juice
[Review] Hivelocity (Server company used by Psychlinks)	Intern	Sender Juice
Computers, Technology, and the Internet	Intern	Sender Juice
Tech of the Day	Intern	Sender Juice
Anxiety Disorders	Intern	Sender Juice
Anxiety, Stress, and Worrying	Intern	Sender Juice
Exploring the Hidden Cause	Intern	Sender Juice

On-page links

Panic Disorder	Intern	Sender Juice
Grounding Techniques to Help with Panic Symptoms	Intern	Sender Juice
Obsessive-Compulsive Disorder :: OCD	Intern	Sender Juice
OCD Coping Tips	Intern	Sender Juice
Post-Traumatic Stress Disorder :: PTSD	Intern	Sender Juice
Why Hyperarousal After Trauma Is So Common	Intern	Sender Juice
Shyness & Social Anxiety	Intern	Sender Juice
Shyness: Evolutionary Tactic?	Intern	Sender Juice
Mood Disorders & Grief	Intern	Sender Juice
Depression, Dysthymia, Seasonal Affective Disorder	Intern	Sender Juice
Suicide Risk with Antidepressants	Intern	Sender Juice
When Sadness Lingers	Intern	Sender Juice
Bipolar Disorder, Cyclothymia	Intern	Sender Juice
Unexpected Signs of Mania to Watch For	Intern	Sender Juice
Suicide	Intern	Sender Juice
Suicide Prevention Quotes	Intern	Sender Juice
Grief and Bereavement	Intern	Sender Juice
Quotes on Grief & Loss	Intern	Sender Juice
Eating Disorders, Dieting, Healthy Eating, Body Image	Intern	Sender Juice
Eating Disorders	Intern	Sender Juice
8 tips for navigating 'very food-centric holidays'	Intern	Sender Juice
Body Image and Body Dysmorphic Disorder	Intern	Sender Juice
Blinded by Our Diet Culture: How to Stop Hating Your Body	Intern	Sender Juice
Dieting, Nutrition, Supplements, Weight Management	Intern	Sender Juice
Pumpkins and 6 Other Nutritious Fall Foods to Try	Intern	Sender Juice
Anger, Aggression, Abuse	Intern	Sender Juice
Anger & Anger Management	Intern	Sender Juice
How My Anger Helped Me Learn to Speak Up About My Needs	Intern	Sender Juice

On-page links

Bullying, Harassment, Interpersonal Violence	Intern	Sender Juice
Cyberbullying and Cyberstalking	Intern	Sender Juice
When Words Go Too Far - A discussion on defamation, its psychological effects and the psychology of the defamer	Intern	Sender Juice
Shayelynn	Intern	Sender Juice
Abuse, Domestic Violence, Child Abuse	Intern	Sender Juice
Quotes about Abuse, Domestic Violence	Intern	Sender Juice
Surviving Abuse or Dysfunctional Families	Intern	Sender Juice
I Think I Am a Survivor	Intern	Sender Juice
Interpersonal Relationships	Intern	Sender Juice
Relationships	Intern	Sender Juice
Want to find love? Go grocery shopping	Intern	Sender Juice
Family and Friends	Intern	Sender Juice
How to Deal with Entitled People	Intern	Sender Juice
virali83	Intern	Sender Juice
Self-Esteem, Self-Concept, Relating to Others	Intern	Sender Juice
The Curse of the Self	Intern	Sender Juice
Pets and Pet Therapy	Intern	Sender Juice
Dog Facts & Tips	Intern	Sender Juice
Parenting, Children, Teens	Intern	Sender Juice
Parenting	Intern	Sender Juice
Michelle Obama on the guilt and anxiety of being a mother	Intern	Sender Juice
Pregnancy, Infertility, Newborns, Toddlers	Intern	Sender Juice
Medications and Vaccinations During Pregnancy	Intern	Sender Juice
Post-Partum Depression	Intern	Sender Juice
Research Shows That Anyone Could Forget a Kid in a Hot Car	Intern	Sender Juice
Other Conditions, Syndromes, and Disorders	Intern	Sender Juice
ADHD: Attention Deficit Hyperactivity Disorder	Intern	Sender Juice
4 Ways ADHD Can Mess With Your Relationship	Intern	Sender Juice

On-page links

Learning Disabilities	Intern	Sender Juice
ADHD Symptoms Complicate and Exacerbate a Math Learning Disability	Intern	Sender Juice
Tourette Syndrome and Tourette Syndrome Plus	Intern	Sender Juice
Early Data for Experimental THC Drug &#039;Promising&#039; for Tourette&#039;s	Intern	Sender Juice
Memory and Memory Disorders	Intern	Sender Juice
Canadians living with dementia expected to triple by 2050: Alzheimer&#039;s Society	Intern	Sender Juice
Sleep, Dreams, Insomnia	Intern	Sender Juice
Calming screen time at bedtime	Intern	Sender Juice
Self-Injury	Intern	Sender Juice
[Book] Freedom from Self-Harm	Intern	Sender Juice
Dissociative Disorders	Intern	Sender Juice
Advocacy movement for DID	Intern	Sender Juice
Other Disorders	Intern	Sender Juice
When you can't trust what you see: Hallucinogen Persisting Perception Disorder (HPPD)	Intern	Sender Juice
Schizophrenia and Autism Spectrum Disorders	Intern	Sender Juice
Schizophrenia and Related Disorders	Intern	Sender Juice
The Relationship between Interpersonal Self-Concept and Paranoia	Intern	Sender Juice
Autism Spectrum Disorders	Intern	Sender Juice
Aspergers and Employment	Intern	Sender Juice
Personality Disorders	Intern	Sender Juice
Personality Disorders: Causes, Diagnosis, and Treatment	Intern	Sender Juice
Avoidant Personality Disorder diagnosed 2022	Intern	Sender Juice
Antisocial Personality Disorder & Psychopathy	Intern	Sender Juice
Dr. Hare's Guide to Psychopaths	Intern	Sender Juice
Borderline Personality Disorder	Intern	Sender Juice
Diagnosis of Borderline Personality Disorder Is Often Flawed	Intern	Sender Juice


On-page links

Narcissistic Personality Disorder	Intern	Sender Juice
Why Narcissists Feel So Entitled	Intern	Sender Juice
Addictions, Compulsive Behaviors, Alcohol and Drug	Intern	Sender Juice
Substance Use and Abuse :: Addictions	Intern	Sender Juice
Codependency: What is It, Really?	Intern	Sender Juice
Marijuana, Cannabis	Intern	Sender Juice
Marijuana Linked to Hypertension Risk	Intern	Sender Juice
Medical Marijuana and CBD	Intern	Sender Juice
Does CBD Help With Insomnia?	Intern	Sender Juice
Compulsive Behaviors & Behavioral Addictions	Intern	Sender Juice
Compulsive Buying - When Pleasure Turns to Pain	Intern	Sender Juice
Medication Issues	Intern	Sender Juice
Prescription Medications and OTC Drugs	Intern	Sender Juice
[US] Auvelity, the New Fast-Acting Pill for Depression	Intern	Sender Juice
Alternative Medicine & Therapies - Natural Remedies	Intern	Sender Juice
Medical Myths, Denialism, Quackery, Conspiracy Theories	Intern	Sender Juice
Medical Marijuana	Intern	Sender Juice
Recreational Use of Marijuana	Intern	Sender Juice
Lightbox Therapy as a treatment for non-seasonal depression as well?	Intern	Sender Juice
The Waiting Room	Intern	Sender Juice
Just for Fun	Intern	Sender Juice
Humor - NOS 2	Intern	Sender Juice
Just Chat	Intern	Sender Juice
General Support and Advice	Intern	Sender Juice
Are we living in a simulation?	Intern	Sender Juice
News and Current Issues	Intern	Sender Juice
Restaurants & Stores Open on Christmas Day	Intern	Sender Juice
Latest resources	Intern	noFollow

On-page links

Emotional Self Care and Self Help Sheet	Intern	Sender Juice
Grief and IFS: Mapping the Terrain	Intern	Sender Juice
My Life Through the Seasons	Intern	Sender Juice
When I&#039;m 64: Motivation and Behavioral Change	Intern	Sender Juice
DBT Handouts	Intern	Sender Juice
Delanos	Intern	Sender Juice
What's new	Intern	Sender Juice
New posts	Intern	noFollow
Latest activity	Intern	noFollow
Pixel Exit	Ekstern	Sender Juice
Media embeds via s9e/MediaSites	Ekstern	Sender Juice
Style chooser	Intern	noFollow
Terms and rules	Intern	Sender Juice
Privacy policy	Intern	Sender Juice
Help	Intern	Sender Juice
Home	Intern	Sender Juice

SEO Nøgleord

	Nøgleords cloud	latest data-xf-clickmenu search media new comments data-menu-pos-ref reviews content items
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Nøgleords balance

Nøgleord	Indhold	Titel	Nøgleord	Beskrivelse	Overskrifte r
search	17	×	×	×	✓
latest	17	×	×	×	✓







Nøgleords balance

new	14	✖	✖	✖	✔
data-menu-pos-ref	9	✖	✖	✖	✖
data-xf-clickmenu	9	✖	✖	✖	✖

Brugervenlighed

	Link	Domæne : forum.psychlinks.ca Længde : 19
	Favikon	Godt, din side har et Favikon!
	Printervenlighed	Vi kunne ikke finde en printer venlig CSS skabelon.
	Sprog	Godt, dit tildelte sprog er en.
	Dublin Core	Denne side benytter IKKE Dublin Core principperne.

Dokument

	Dokumenttype	HTML 5				
	Kryptering	Perfekt. Dit Charset er tildelt UTF-8.				
	W3C Validering	Fejl : 8 Advarsler : 1				
	Email Privatliv	Godt! Ingen email adresser er blevet fundet i rå tekst!				
	Udgået HTML	<table><thead><tr><th>Udgåede tags</th><th>Forekomster</th></tr></thead><tbody><tr><td></td><td>1</td></tr></tbody></table> <p>Fejl! Vi har fundet udgåede HTML tags i din kildekode. Udgåede tags bliver ikke længere understøttet af alle browsere.</p>	Udgåede tags	Forekomster		1
Udgåede tags	Forekomster					
	1					
	Hastigheds Tips	 Alle tiders! Din webside bruger ikke nestede tabeller.				

Dokument



Advarsel! Din webside benytter inline CSS kode!



Godt, din website har få antal CSS filer



Perfekt, din website har få JavaScript filer.



Perfekt, din hjemmeside udnytter gzip.

Mobil



Mobil Optimering



Apple Ikon



Meta Viewport Tag



Flash indhold

Optimering



XML Sitemap

Stor, din hjemmeside har en XML sitemap.

<http://forum.psychlinks.ca/sitemap.xml>

<https://forum.psychlinks.ca/sitemap.xml>



Robots.txt

<http://forum.psychlinks.ca/robots.txt>

Stor, din hjemmeside har en robots.txt-fil.



Analytics

Stor, din hjemmeside har et analyseværktøj.



Google Analytics